



**An overview of biosensors for rapid and accurate
identification of cardiac biomarkers**

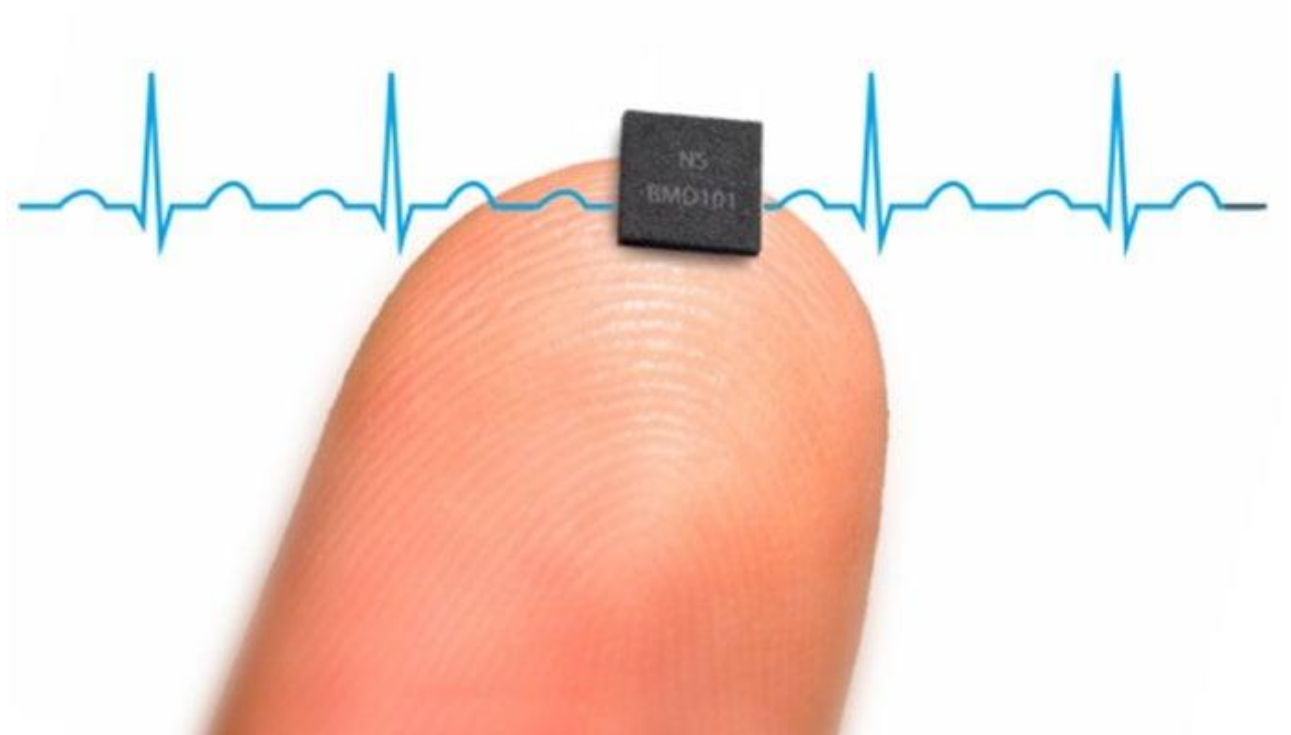
Prof. Miri moghaddam

Dr. Bagheri

- ❑ **Introduction of cardiovascular diseases**

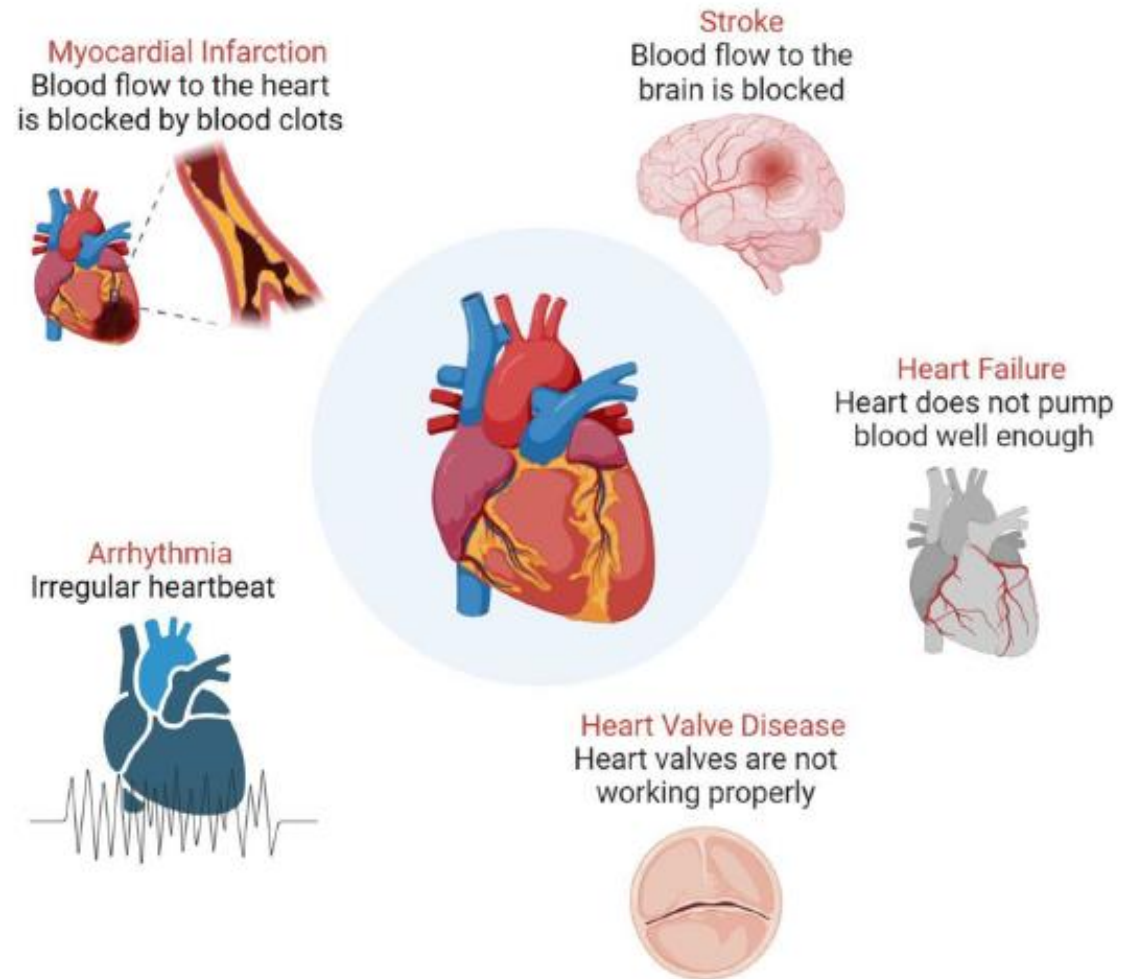
- ❑ **Introduction of biosensor**
- ❑ **Introduction Basic components of Biosensor**
- ❑ **Types of Biosensor**
- ❑ **cardiac biomarkers**
- ❑ **Antibody based sensors**
- ❑ **aptamer based sensors**
- ❑ **Wearable devices**
- ❑ **Point of care Testing**

- ❑ **Signal based sensor**



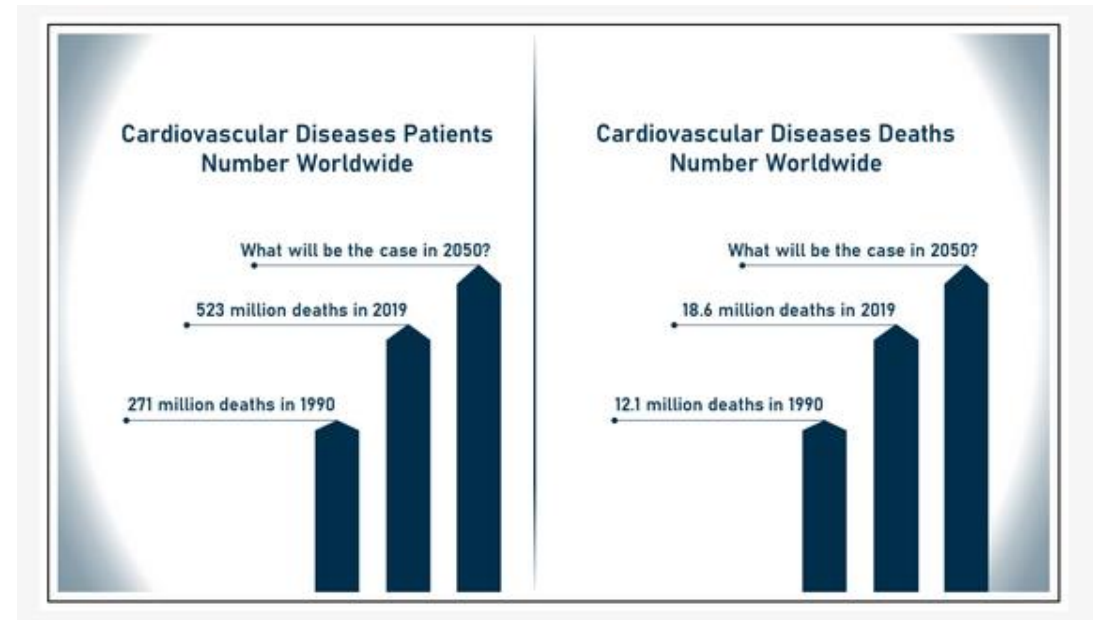
What are cardiovascular diseases?

Cardiovascular diseases (CVDs) are a group of disorders of the heart and blood vessels.



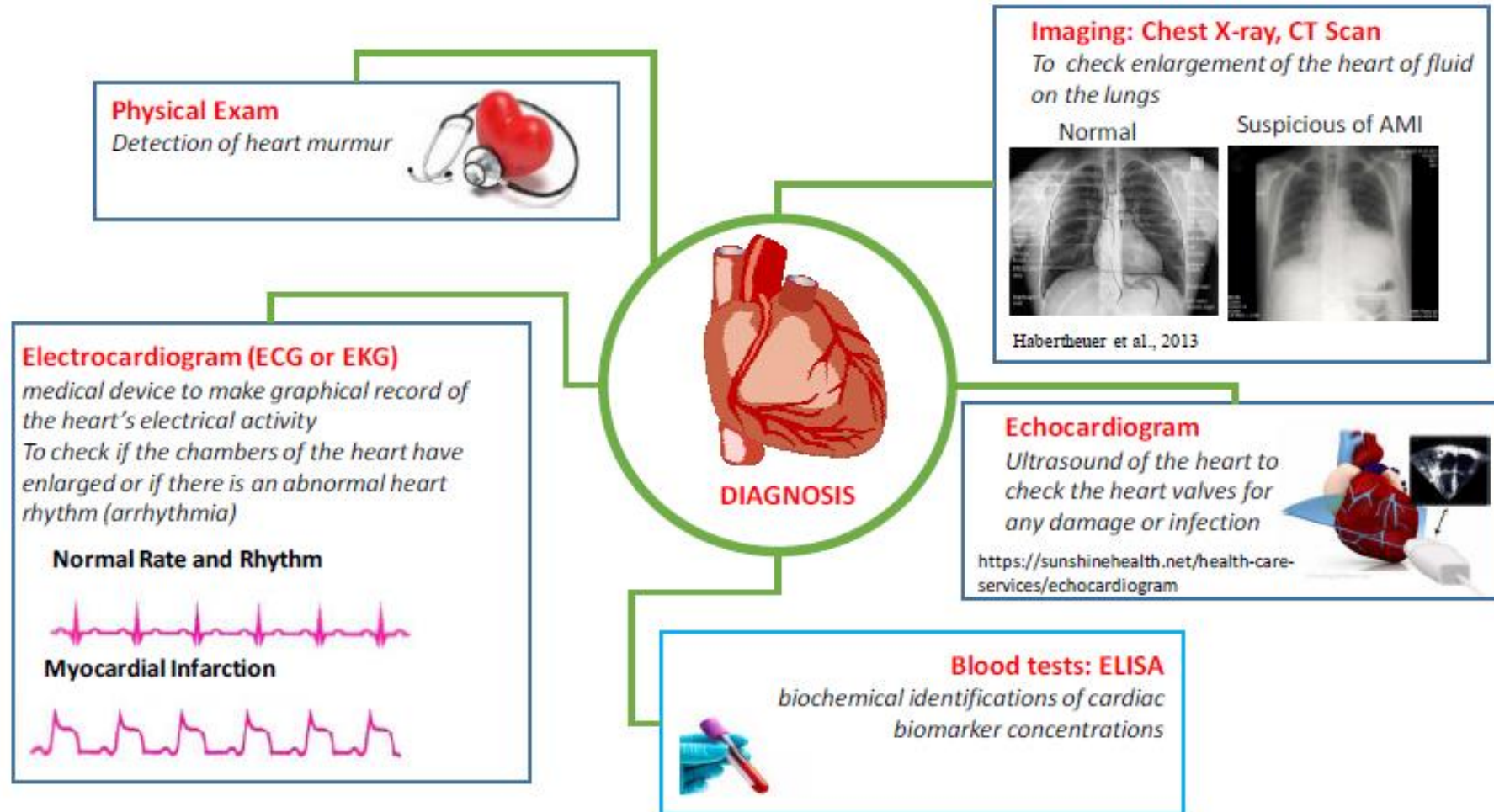
What is the importance of cardiovascular disease detection?

- ❑ According to reports from the Centers for Disease Control and Prevention (CDC), heart disease remains the leading cause of death in the United States, **ahead of cancer and COVID-19**.
- ❑ The WHO report estimates that over 23.3 million people will die annually from cardiovascular diseases by 2030.
- ❑ The most important behavioural risk factors of heart disease and stroke are **genetic** factor (cholesterol), **environmental** factor(smoking , physical inactivity), **behavioral** factors (alcohol, stress) and **other disease**(thyroid disease, kidney disease), **age** factor.



Current diagnostic tools to detect cardiovascular diseases in clinical settings

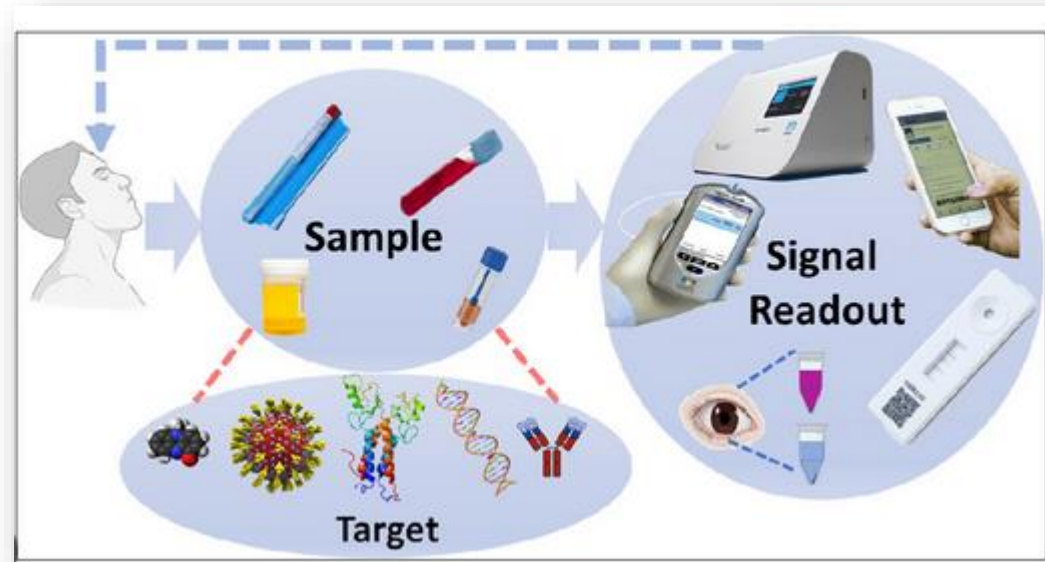
- ❑ **electrocardiograms (ECG)**: not entirely reliable to diagnose cardiac vascular diseases
- ❑ **electrocardiography chest X-rays**: low sensitivity and specificity
- ❑ **Echocardiograms**: difficult to perform in an emergency
- ❑ **Enzyme-linked Immunosorbent Assay (ELISA)**



How can the burden of cardiovascular diseases be reduced?

Early detection of any of these diseases allows for better life-saving therapeutic intervention and can also reduce health care costs.

- Rapid
- Reliable
- Real-time analysis
- High selectivity
- High sensitivity
- Portable
- Flexible
- Small



What is Biosensor?

- ❑ Sample (Analyte or Substrate)
- ❑ Signal Processing Device
- ❑ Bio-recognition Element
- ❑ Transducer

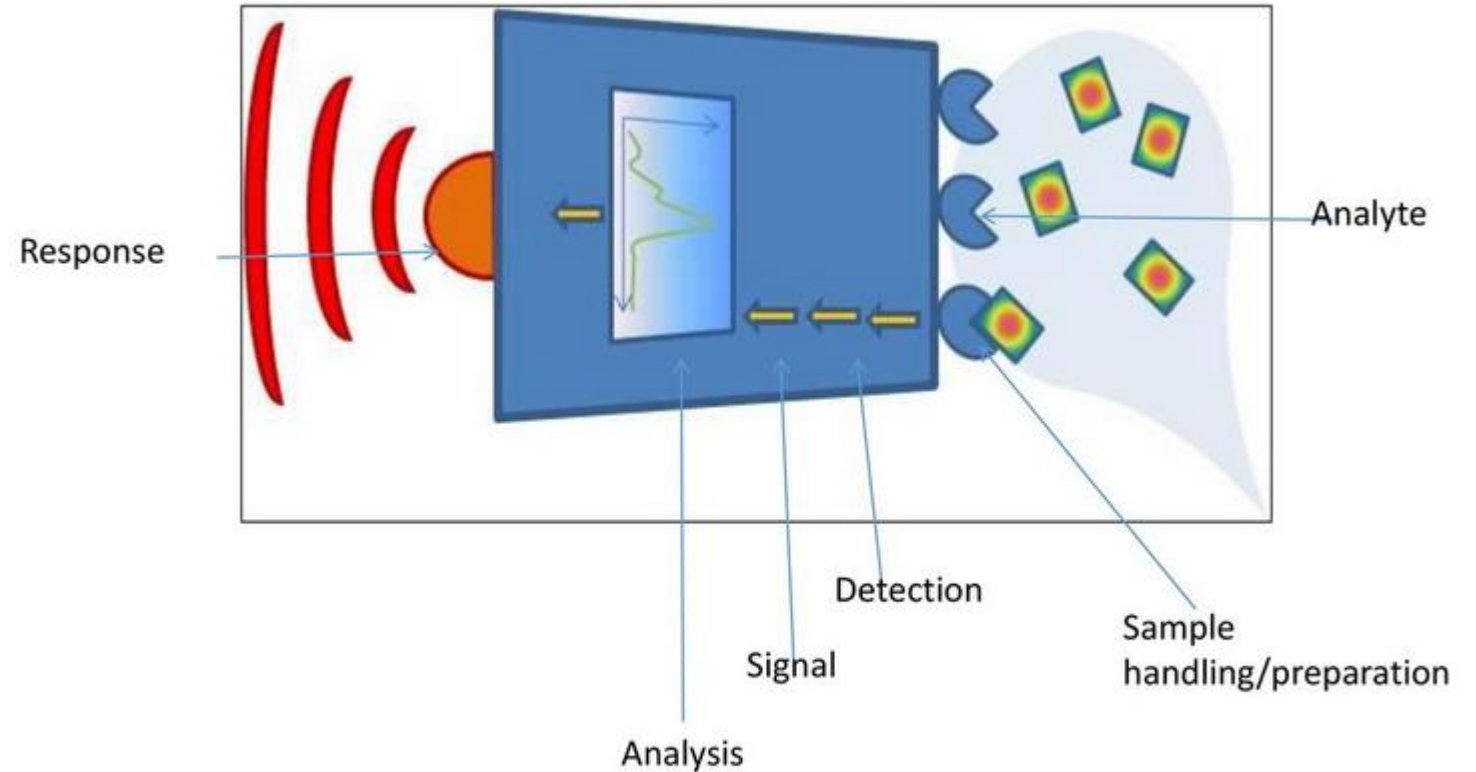
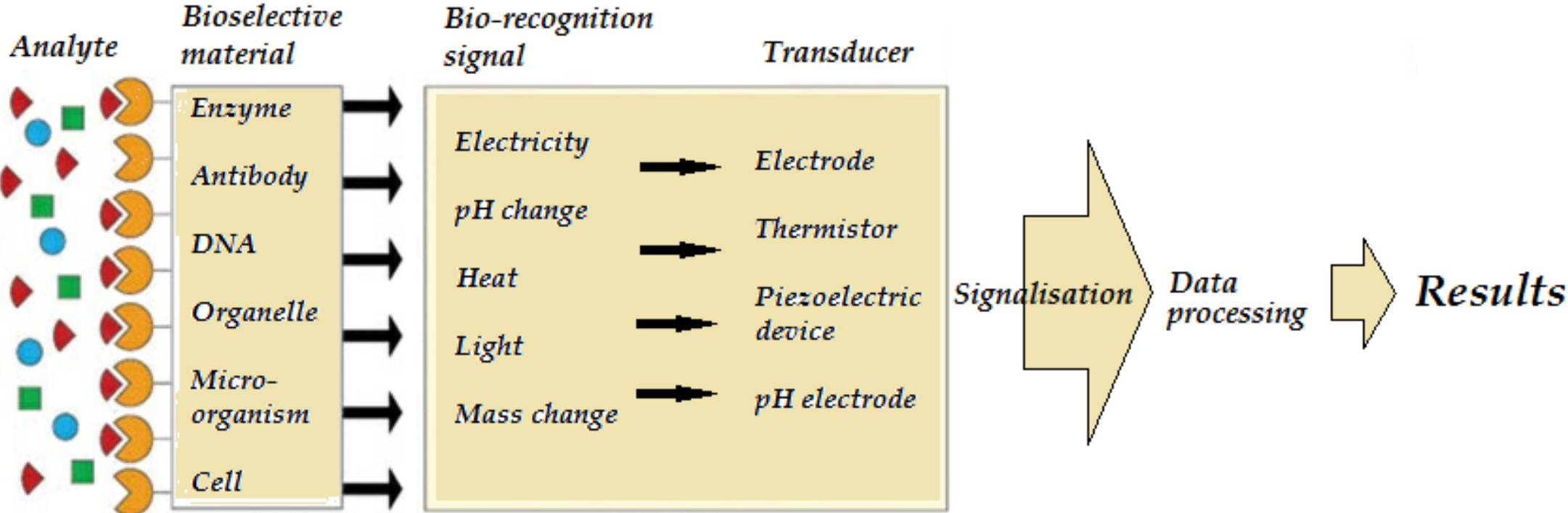
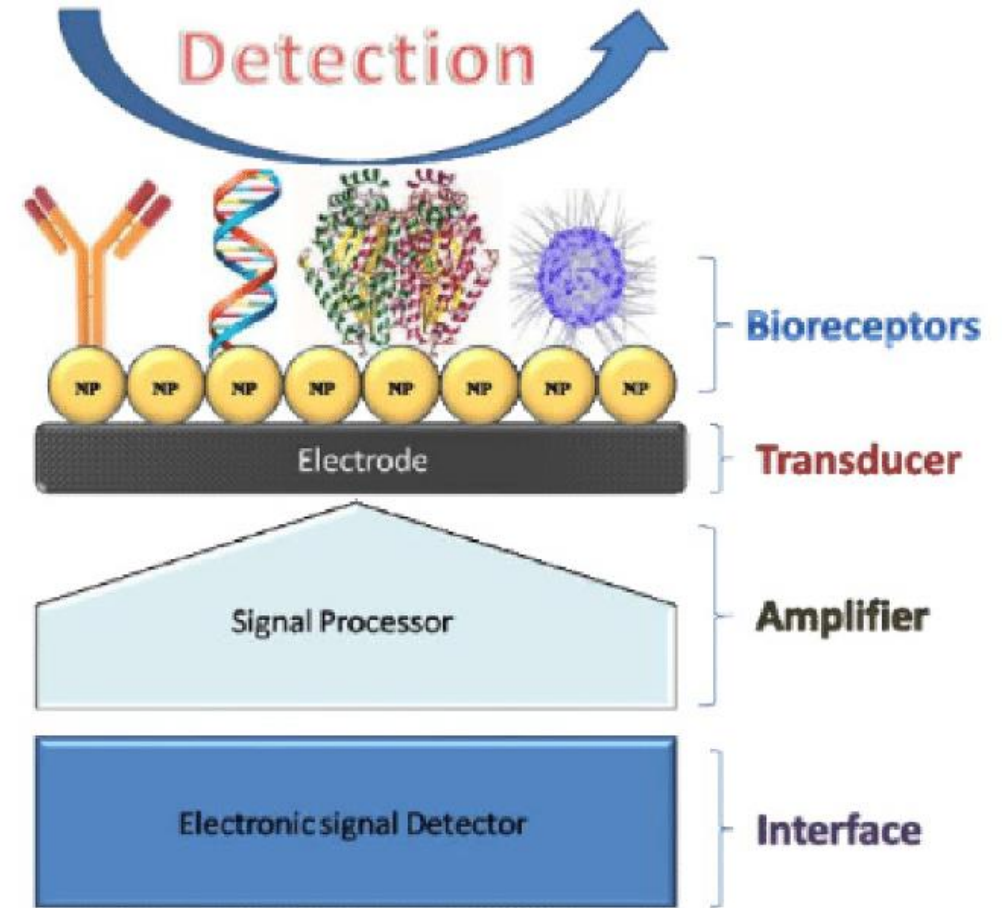
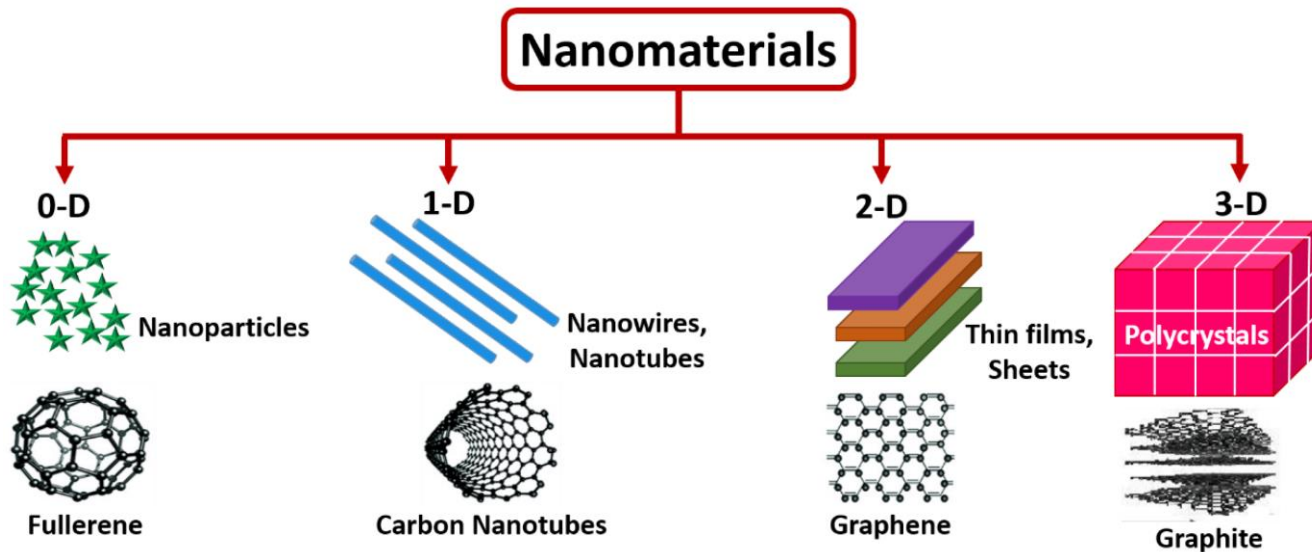


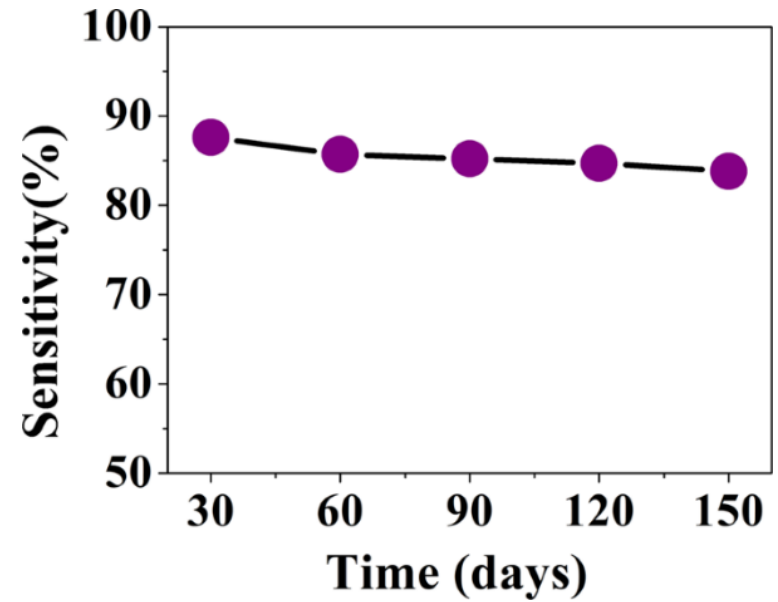
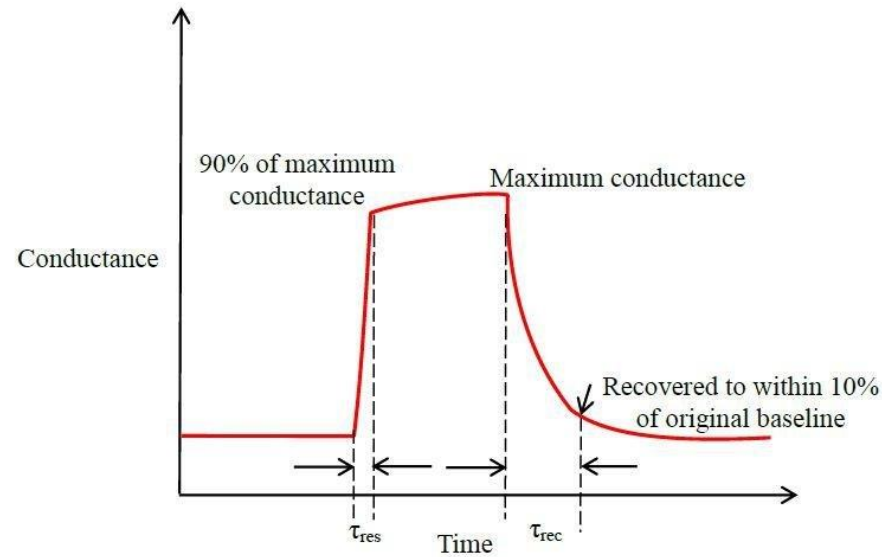
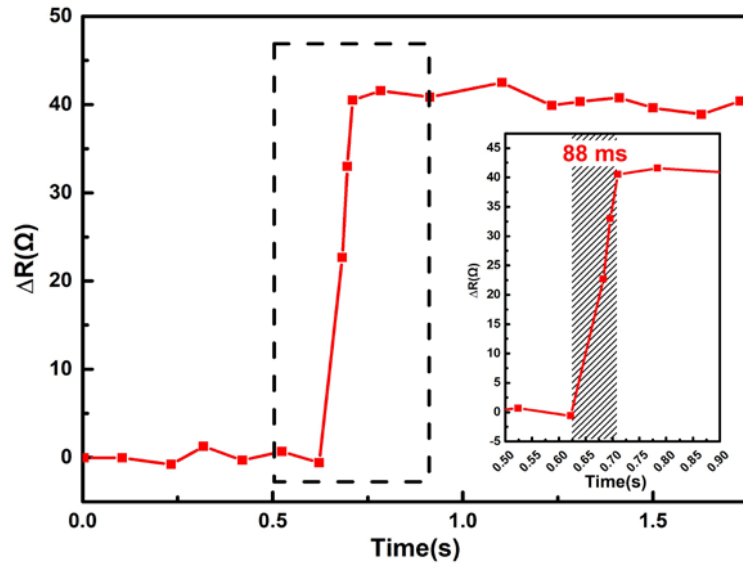
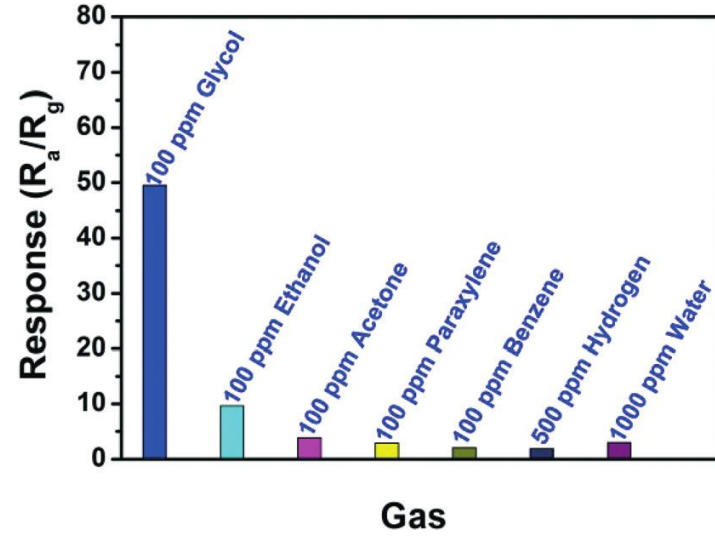
Diagram of a Biosensor



what is Nano biosensors?



- Selectivity
- Sensitivity
- specificity
- Stability
- Response time
- Recovery time



Classical of biosensor



Biomarker

- Based on bioreceptor:** antibody-based biosensor, aptamer-based biosensor
- Based on transducers:** electrochemical, optical, pressure
- Lateral flow assay**
- Microfluidic paper-based sensors**
- biochip**

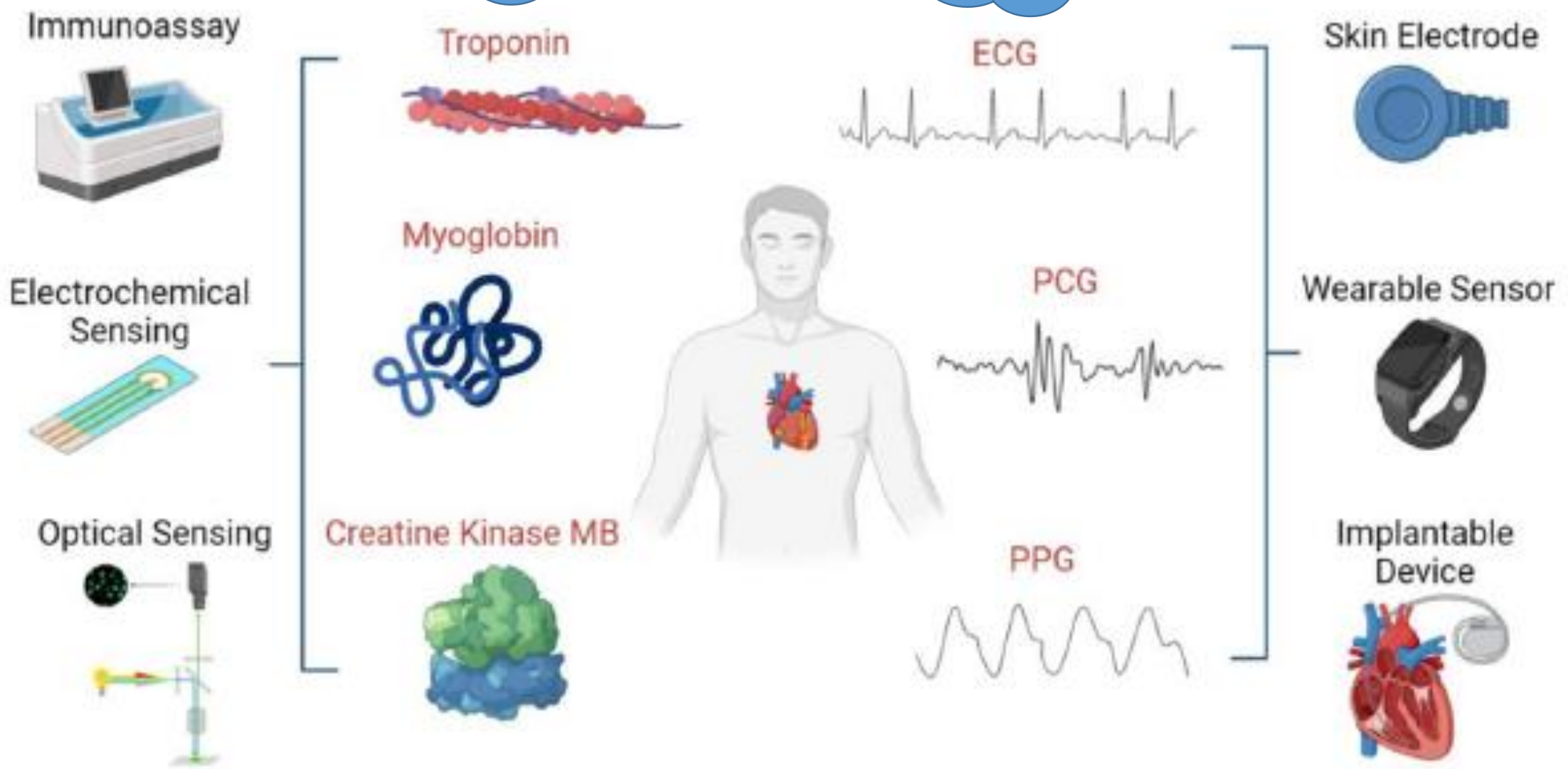


Signal

- Pulse wave monitoring
- PPG
- PCG
- ECG

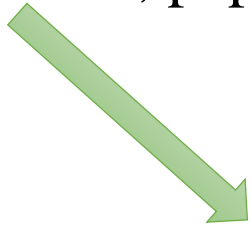
Biomarker

Signal



What do you want to detect?

➤ Molecule
Protein, peptide



Biomarker Release

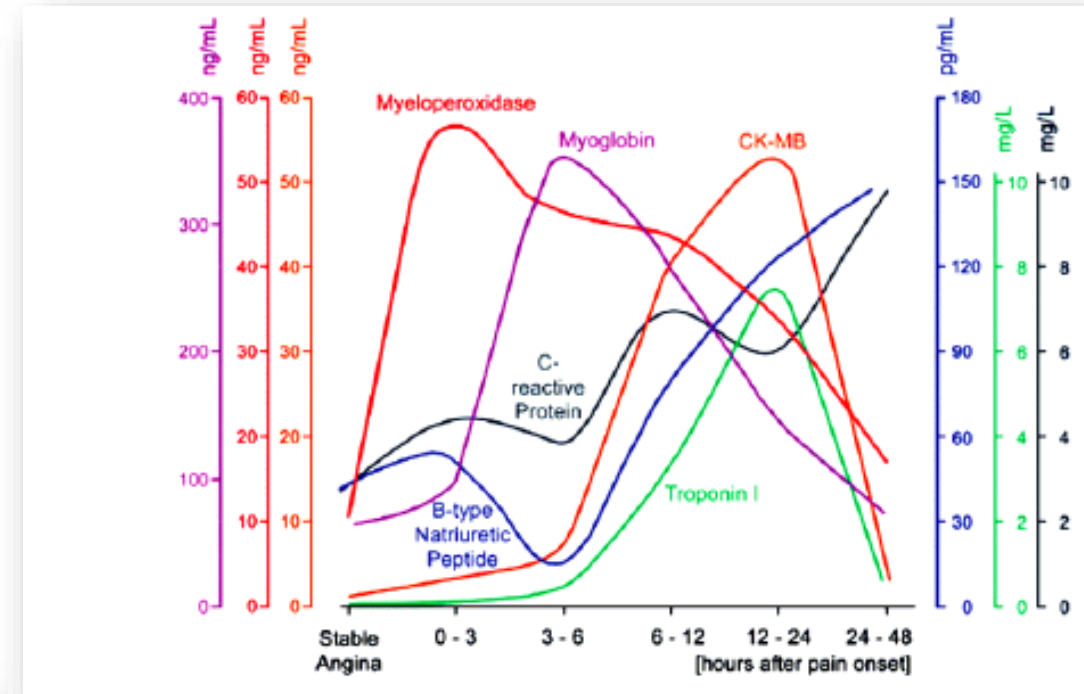
Inflammation
IL-6, (CRP), TNF α , CA-125

Myocardial Stretch
ANP, BNP, NT-proBNP, MR-proBNP, GDF-15, Neuregulin, sST2

Neurohormonal activation
BNP, MR-proANP, NT-proBNP, Norepinephrine, MR-proADM, Copeptin, Endothelin, Urocortin

Cardiac remodeling
sST2, Gal3, GDF8, GDF15

Myocyte injury
Troponin I, Troponin T, Myoglobin, CK-MB, H-FABP



POC tests

History

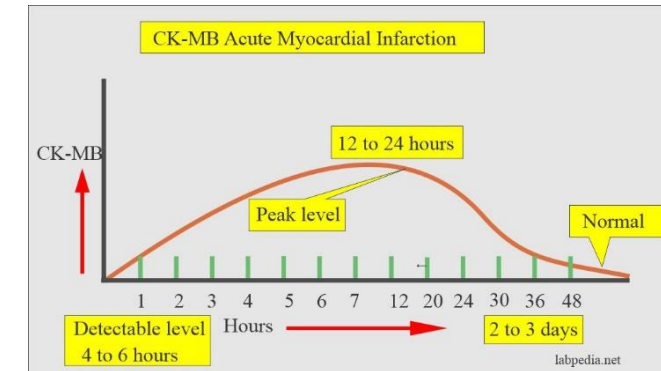
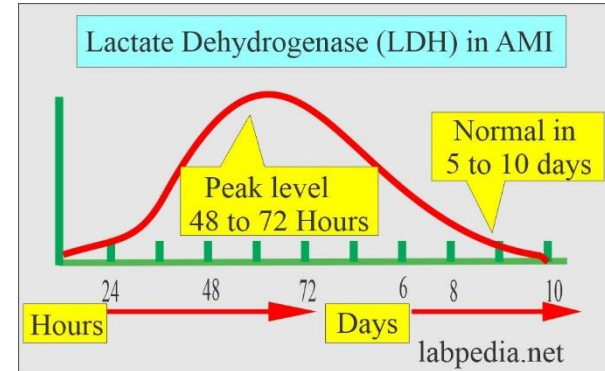
1960

Aspartate Transaminase (AST) for acute myocardial infarction (AMI) detection



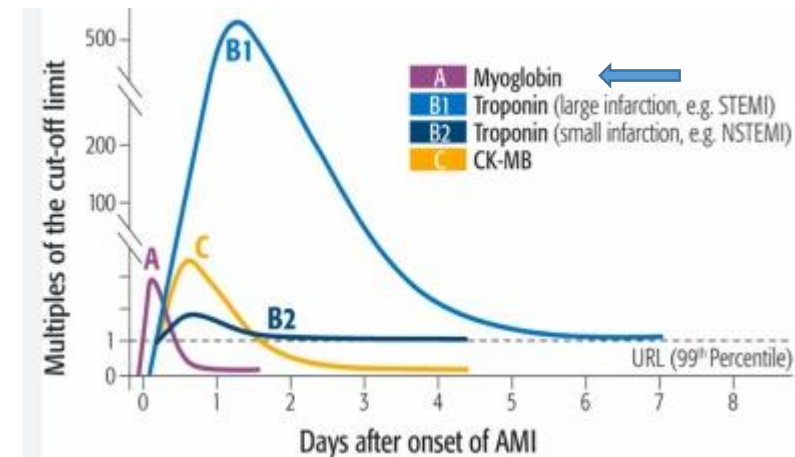
1970

Lactate dehydrogenase (LDH)
Creatine kinase (CK)



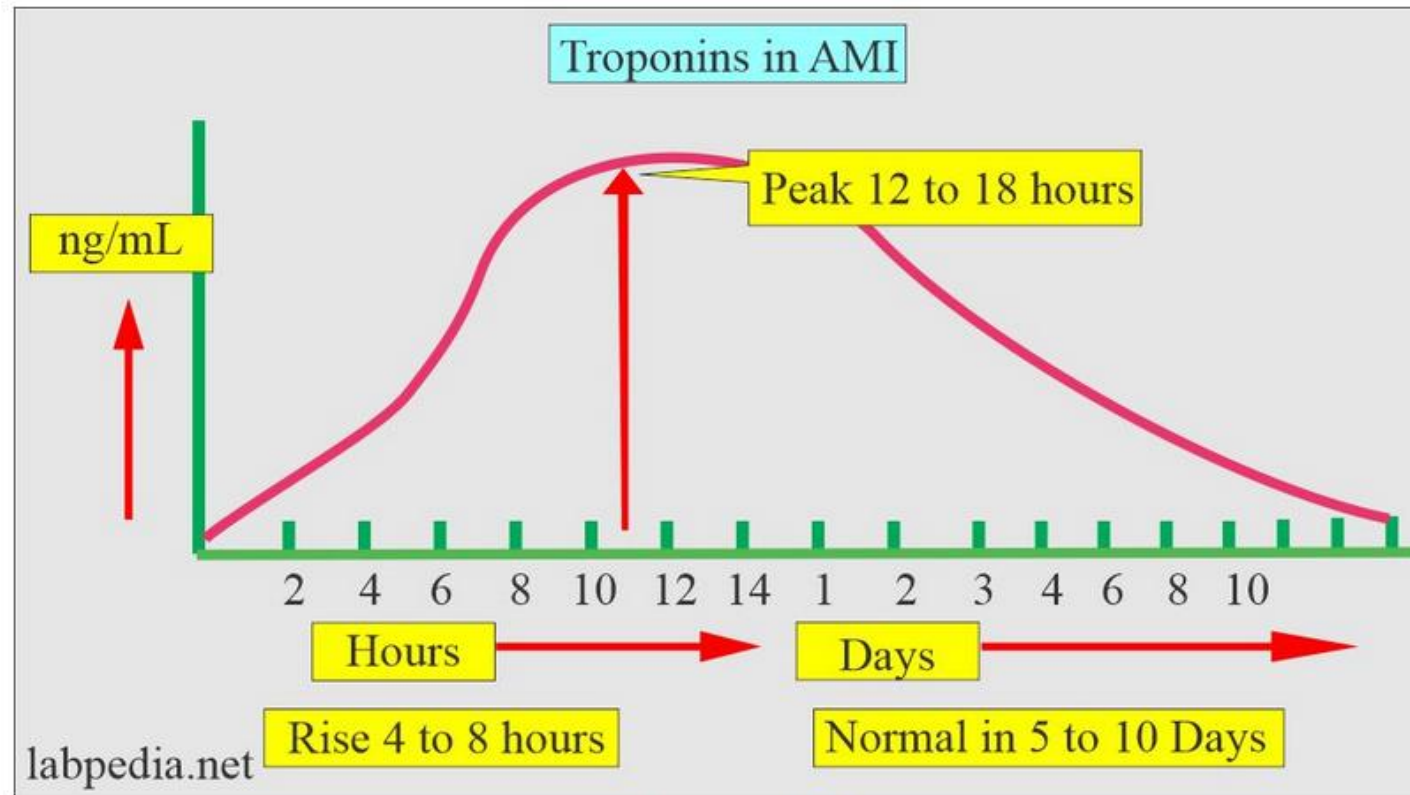
1978

Myoglobin



Cardiac troponins(cTn) biomarker

cTn sensing has become the golden standard myocardial infarction diagnosis, owing to its production only in the case of direct **damage of the myocardium**

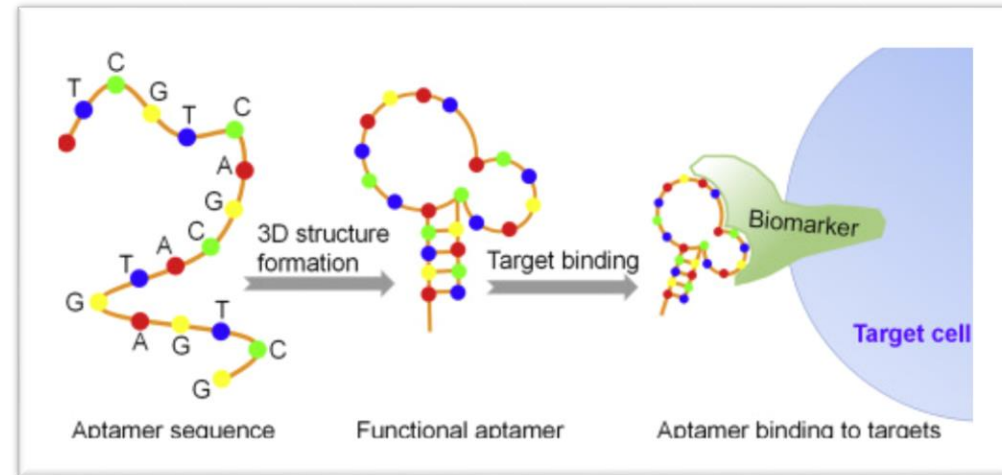
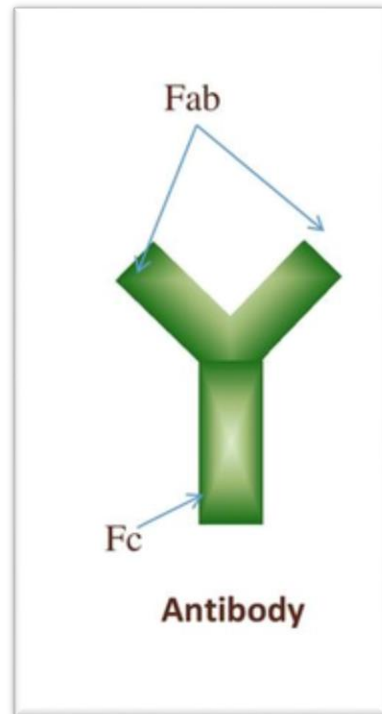


Troponins in AMI

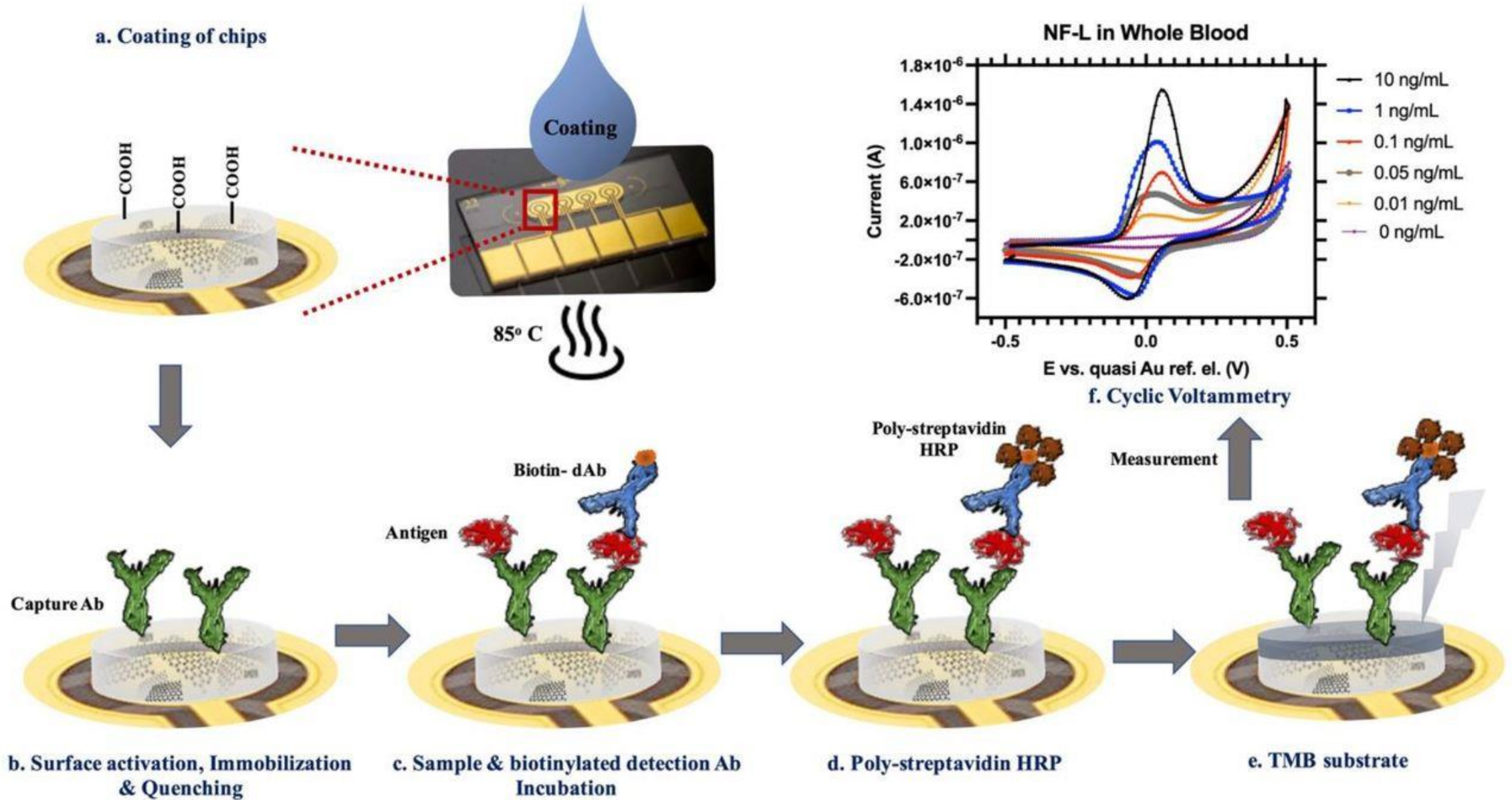
A summary of primary clinically utilized cardiac biomarkers, highlighting their respective cut-off values.

Cardiac biomarker	Type of cardiovascular diseases involved	Cut-off levels	Specificity (low, medium, high)	MW (kDa)	Initial elevation	Time to peak	Return to normal
Troponin I (cTnI)	Detection of acute myocardial infarction (AMI)	0.01–0.1 ng mL ⁻¹	High	23.5	4–6 h	12–24 h	6–8 days
Troponin T (cTnT)	Detection of AMI	0.05–0.1 ng mL ⁻¹	High	37	4–6 h	12–24 h	7–10 days
Myoglobin	Early detection of AMI	70–200 ng mL ⁻¹	Low	18	1–3 h	6–12 h	24–48 days
C-reactive protein (CRP)	Early detection of inflammation/cardiac risk factor	<10 ³ ng mL ⁻¹ low risk 1–3 × 10 ³ ng mL ⁻¹ intermediate risk >3–15 × 10 ³ ng mL ⁻¹ high risk (no definitive)	High	125	ND	ND	ND
Creatine kinase MB subform (CK-MB)	Early detection of AMI	10 ng mL ⁻¹	Medium	85	4–6 h	12–24 h	3–4 days
B-type natriuretic peptide (BNP)	Acute coronary syndromes/diagnosis of heart failure/ventricular overload		High	3.4	ND	ND	ND
N-terminal pro-B-type natriuretic peptide (NT-proBNP)	Acute coronary syndromes/diagnosis of heart failure/ventricular overload	0.25–2 ng mL ⁻¹	High	8.5	ND	ND	ND
Myeloperoxidase (MPO)	Detection of inflammation	Patients with elevated MPO levels >350 ng mL ⁻¹ stratification risk	Medium	150	ND	ND	ND
Heart fatty acid binding protein (H-FABP)	Myocardial necrosis	Patients with elevated H-FABP levels elevated ≥6 ng mL ⁻¹ stratification risk	Low	15	2–3 h	8–10 h	18–30 h
TNF-α	Inflammation/cardiac risk factor	<0.0036 ng mL ⁻¹ low risk ≥0.0036 ng mL ⁻¹ high risk	ND	ND	ND	ND	ND
Interlukin-6 (IL-6)	Inflammation/cardiac risk factor	Low < 0.0013 ng mL ⁻¹ Mid 0.00138–0.002 ng mL ⁻¹ High > 0.002 ng mL ⁻¹	ND	ND	ND	ND	ND
Fibrinogen		Low < 3.58 × 10 ⁶ ng mL ⁻¹ Mid 3.58–4.20 × 10 ⁶ ng mL ⁻¹ High > 4.20 × 10 ⁶ ng mL ⁻¹	ND	ND	ND	ND	ND

Biological elements

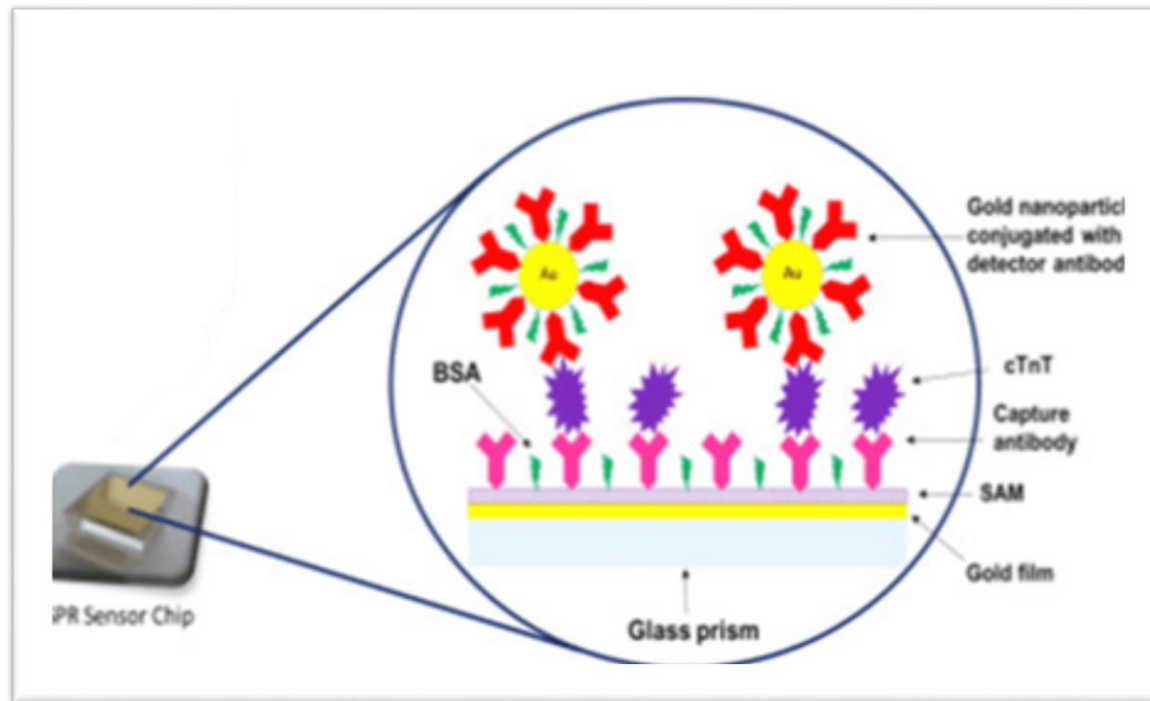
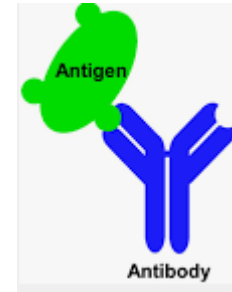


Antibody/antigen(Immunosensor):

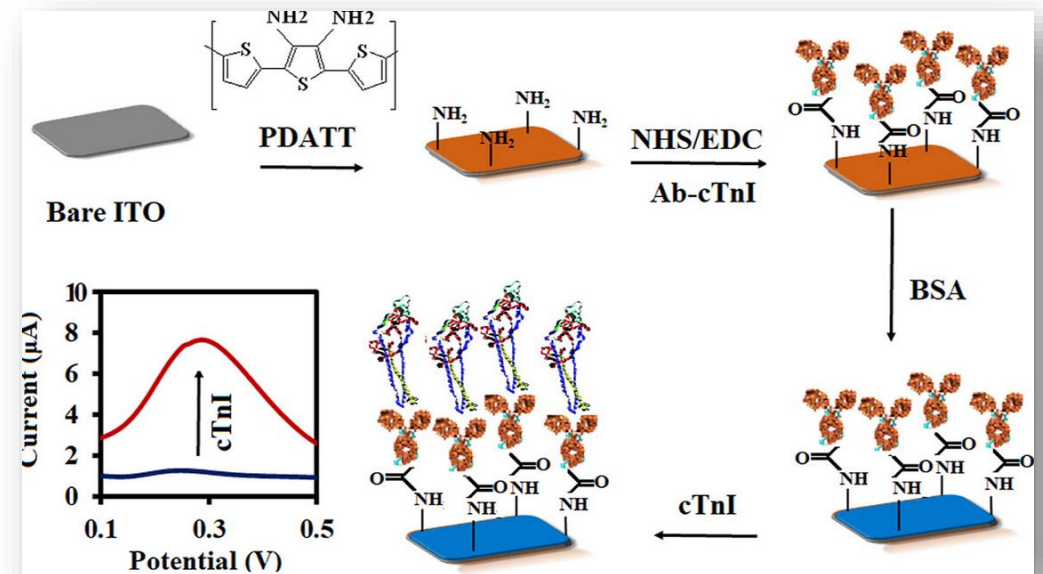


Antibody/antigen(Immunosensor):

- high specificity between an antibody and antigen



LOD: 100 ng/mL within 2 min



LOD: 0.01 ng/ mL

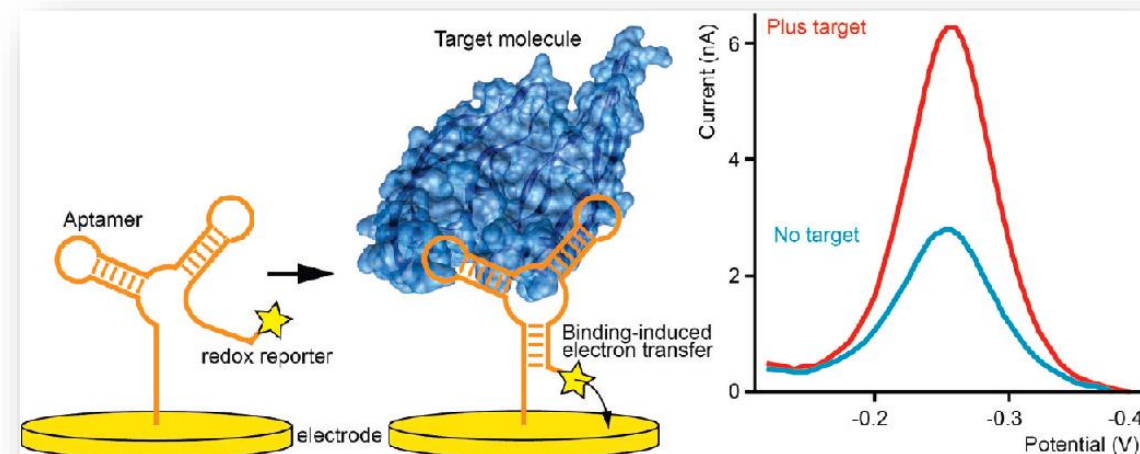
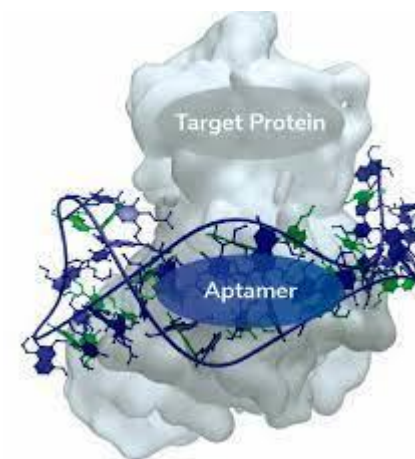
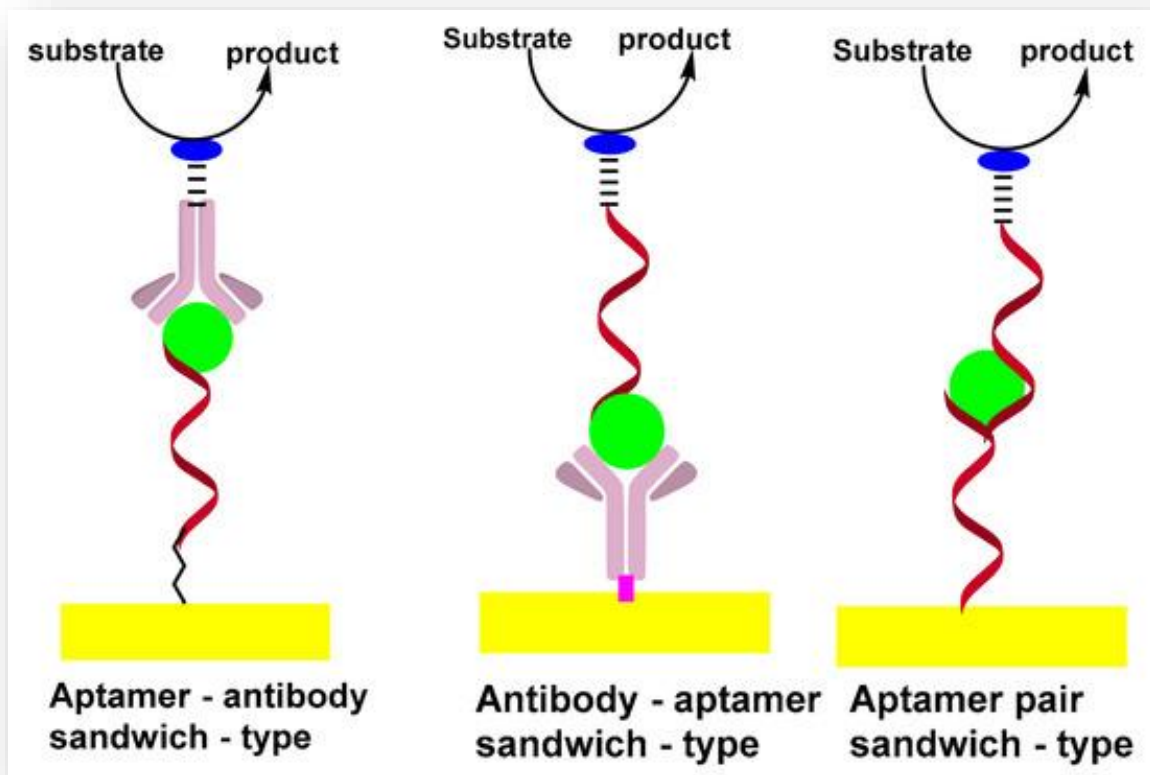
A 3D molecular model showing a large, blue, textured protein structure on the left. To its right, a smaller, pink, ring-like structure is shown, representing an aptamer. The background is a dark blue gradient with faint, out-of-focus molecular structures and light particles.

HOW DOES IT WORK

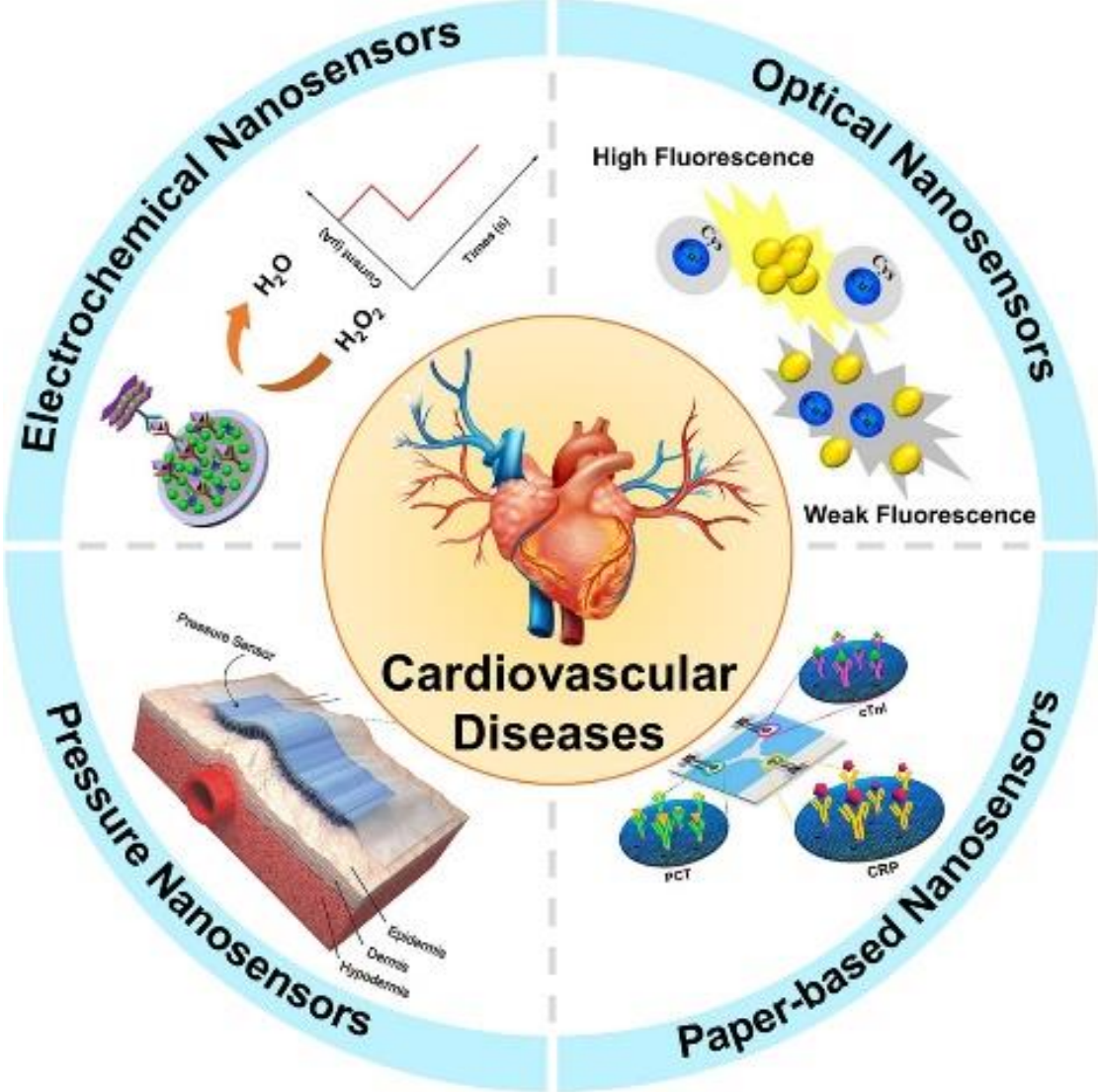
APTAMERS

	Aptamer	Antibodies
Molecular weight	Small (~12–30 kDa)	Relatively big (~150–180 kDa)
Secondary structures	Various structures: hairpin, loop, G-quadruplex, <i>etc</i>	β -sheets
Generation time	Few hours to months	Several months (~six months)
Batches variations	Low	High
Immunogenicity	Low	High
Minimal target size	Targets small sizes ~60 Da	~600 Da
Targets	Wide range of targets	Immunogenic molecules
Shelf life	Long	Short
Allowed chemical modifications	Various modifications	Limited modifications
Nuclease degradation	Sensitive	Resistant
In vivo half-life	Short (~20 min)	Long (~one month)
Stability	Very stable	Sensitive to temperature and pH changes
Cost	Lower	Higher

Aptasensor

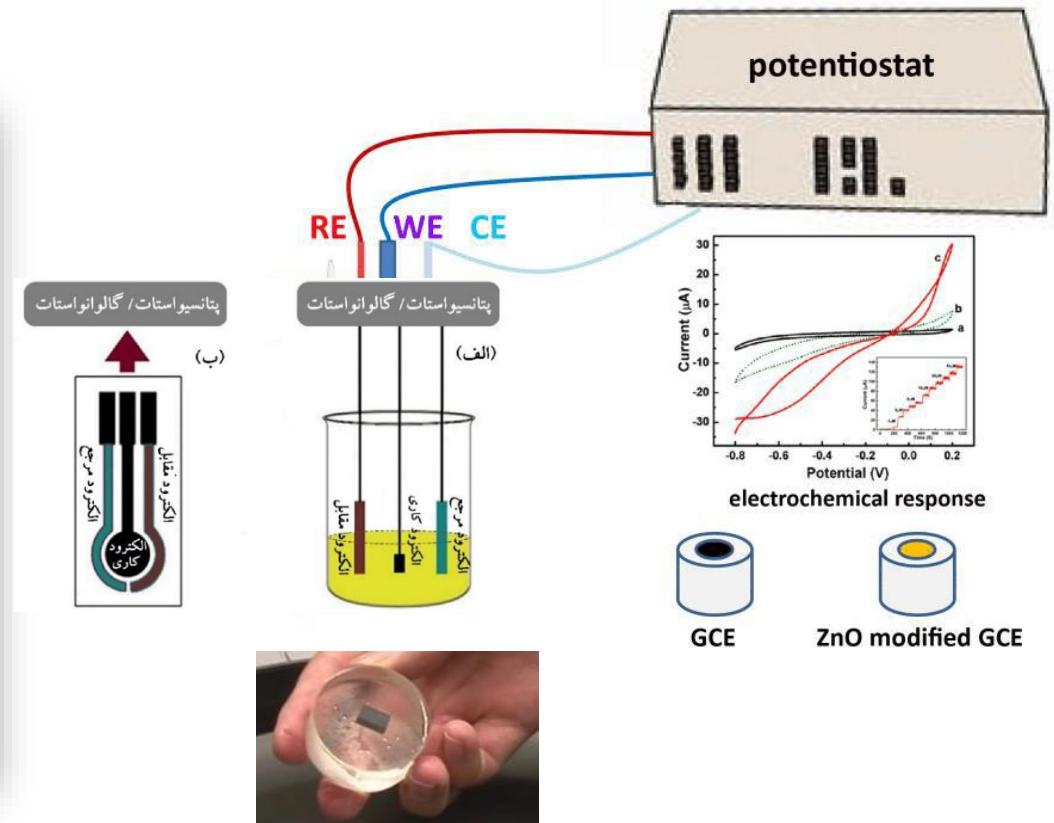
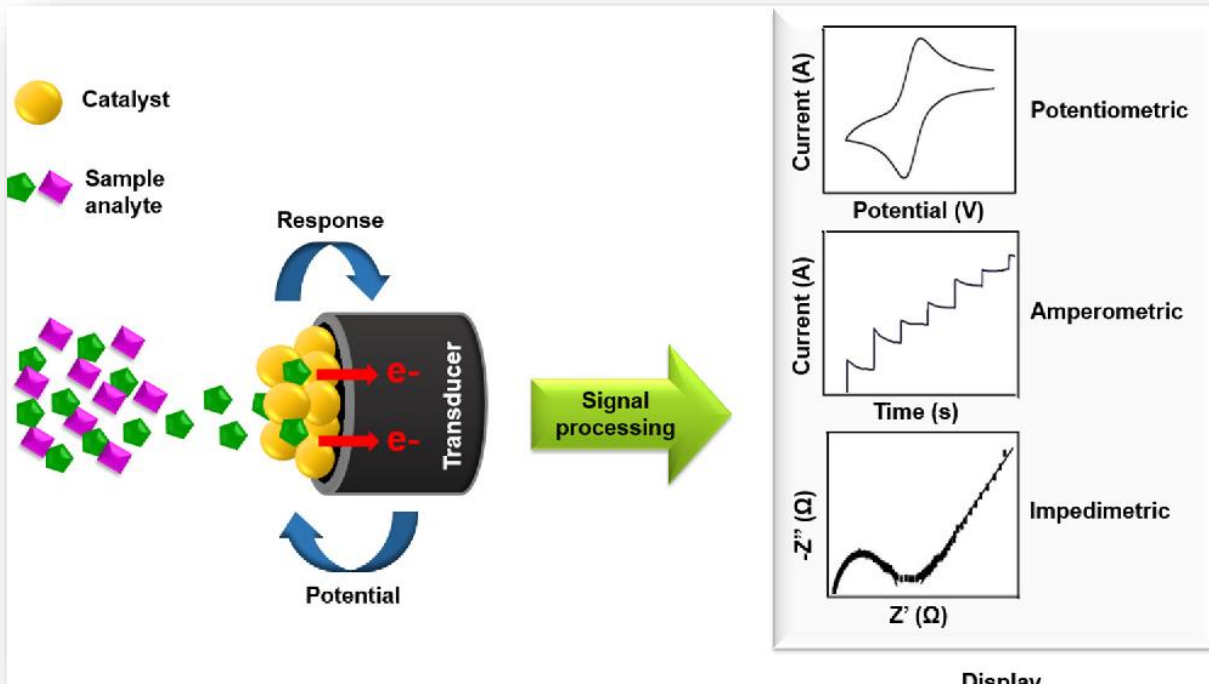


How to detect cardiac biomarkers?



Electrochemical Nanobiosensor

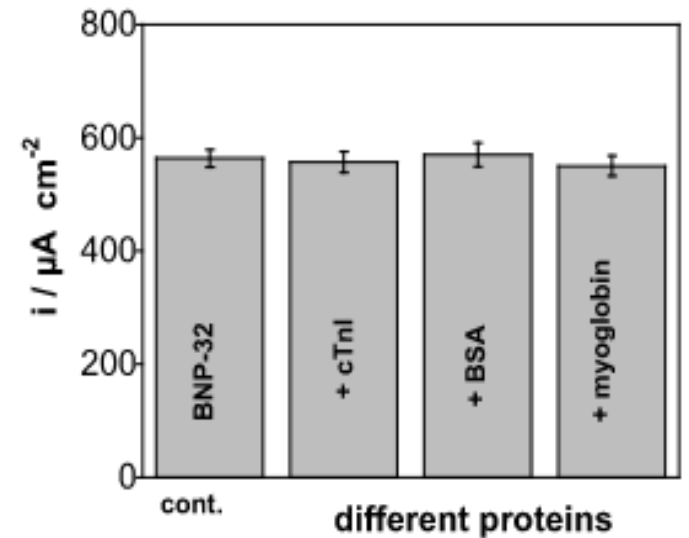
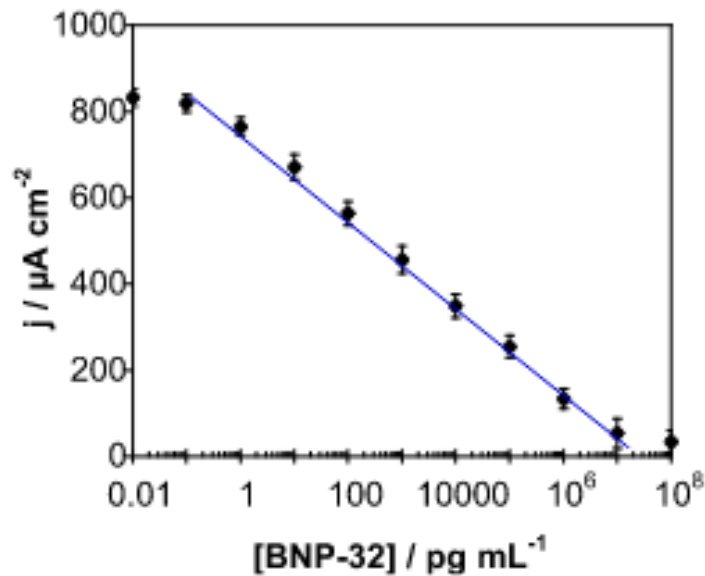
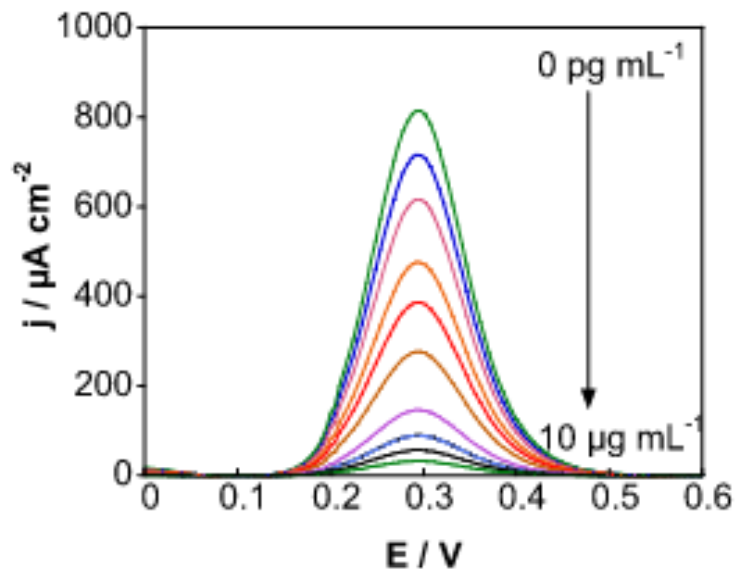
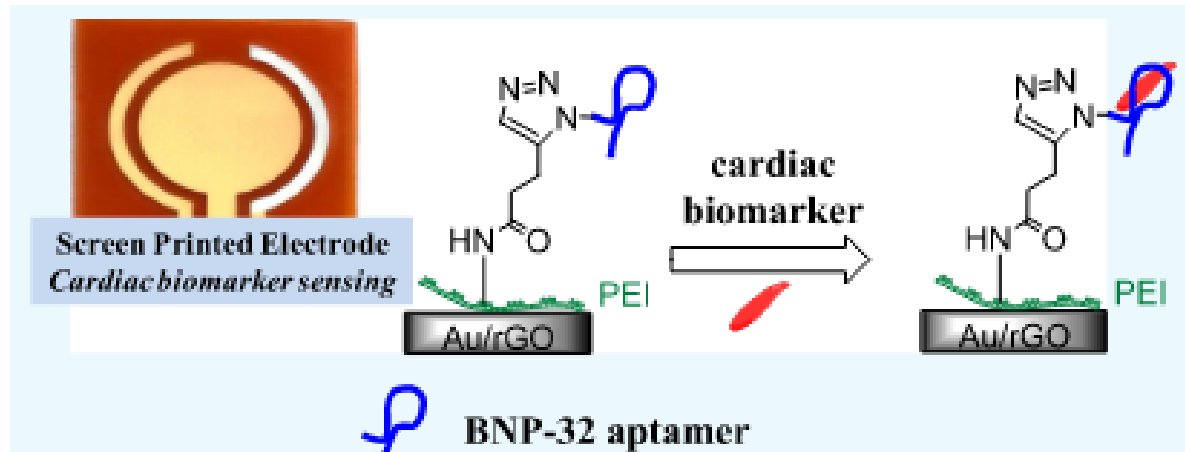
- ❑ sensing mechanism: electrical and chemical
- ❑ Advantages: real time detection, high sensitivity, cheap Instrument
- ❑ Disadvantage: limited temperature range



Electrochemical Nanobiosensor



SPE



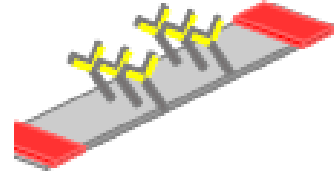
Optical Nanobiosensor

A. Colorimetric assay

Ag NPs enhancement
LOD: 10 pg ml^{-1} (cTnI)



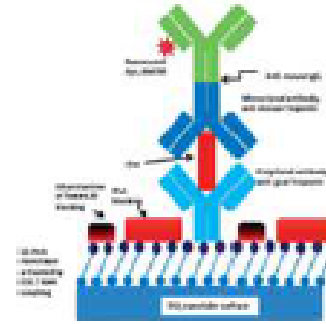
Wu et al Sens. Actuators B 147 (2010) 298–303.



**CARDIAC
AFFINITY
BIOSENSORS**

B. Fluorescence immunoassay

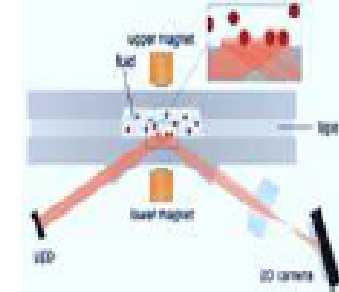
LOD: 0.1 pg ml^{-1} (cTnI)



P. Kar, Lab Chip 12 (2012) 821-828

E. Optomagnetic

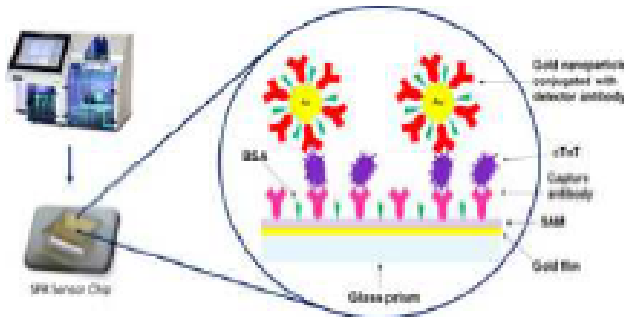
LOD: 11 pg ml^{-1} (cTnI)



Bruls et al, Lab Chip, 9 (2009) 3504-3510.

C. Surface Plasmon Resonance

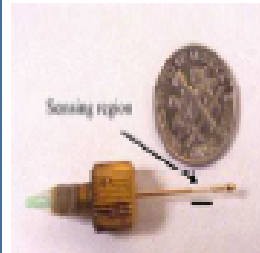
detection of cTnT using
AuNP modified detector antibodies.
LOD: 500 pg mL^{-1} cTnT



Pawula et al Talanta 146 (2016) s 823-830.

D. Fiber-optic-based SPR sensor

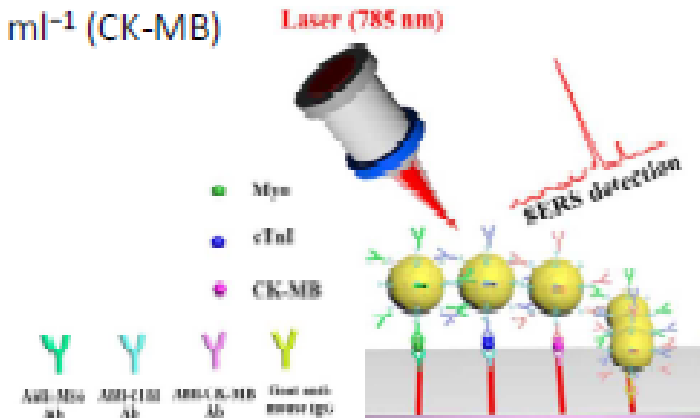
Antibodies attached to
carboxymethylated dextran layer
LOD: 2.9 ng ml^{-1} (MG)
 1.4 ng ml^{-1} (cTnI)



Masson et al Talanta 62 (2004) 865.

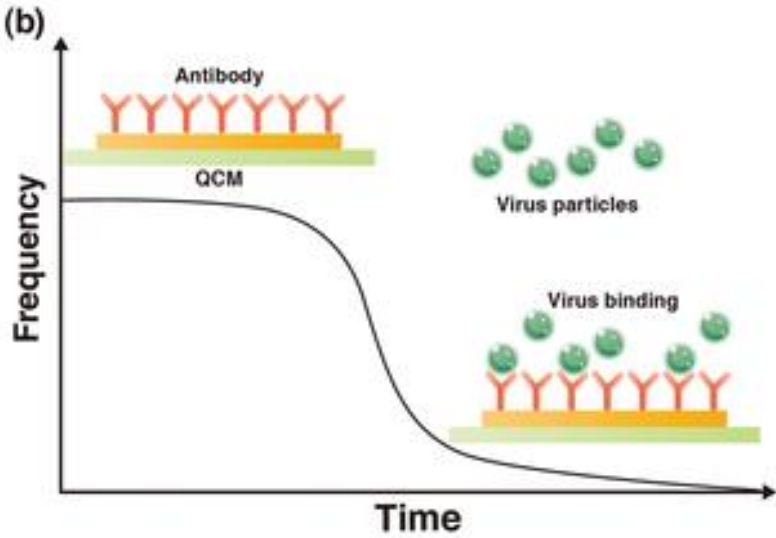
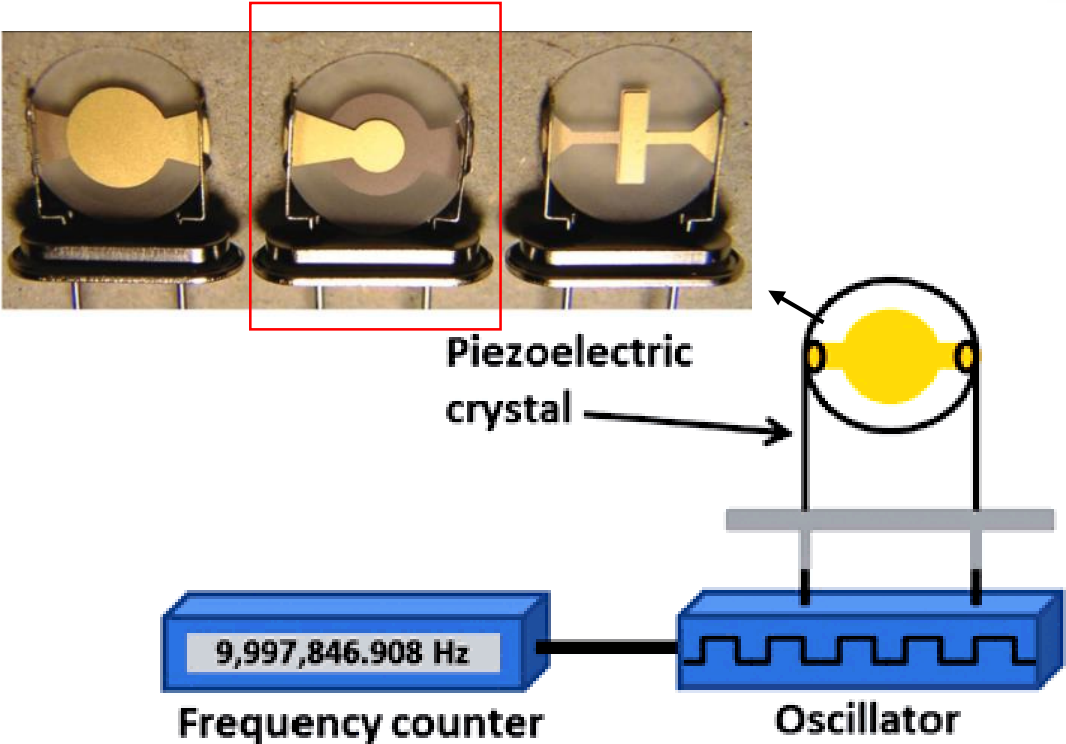
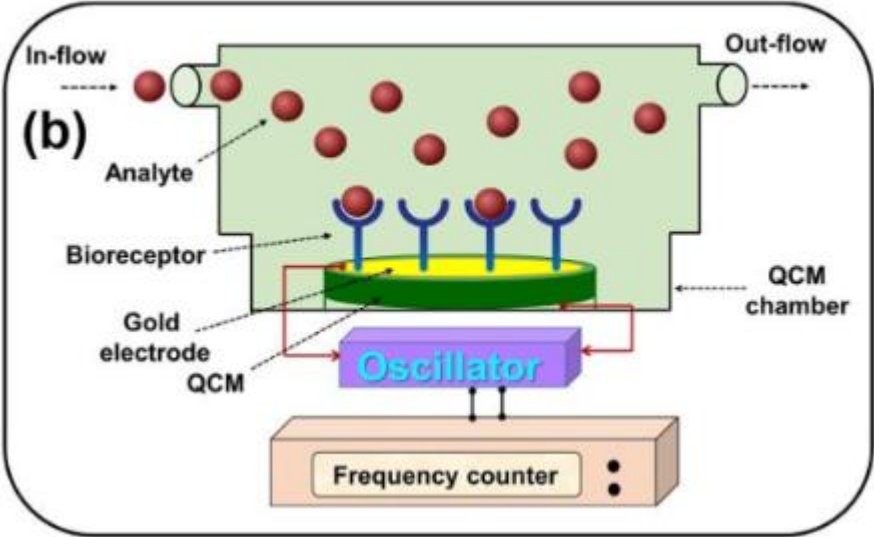
F. Surface Enhanced Raman Spectroscopy

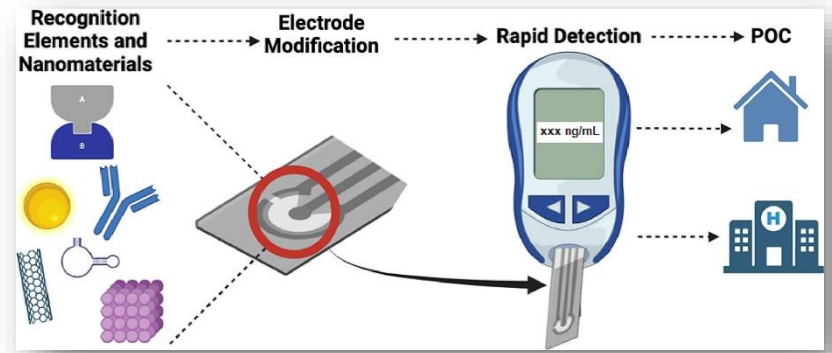
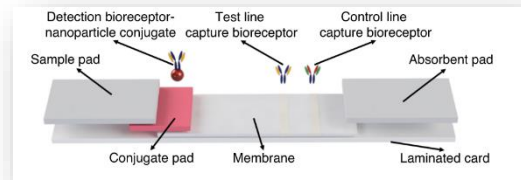
Ag^{Nile blue A}@Au NPs modified detector antibodies
LOD: 1 ng ml^{-1} (MG); 0.8 ng ml^{-1} (cTnI);
 0.7 ng ml^{-1} (CK-MB)



Zhang et al Biosens. Bioelectron. 106 (2018) 204.

Pressure Nanobiosensor





Point-of-care Testing



Wearable Devices



Implantable Devices

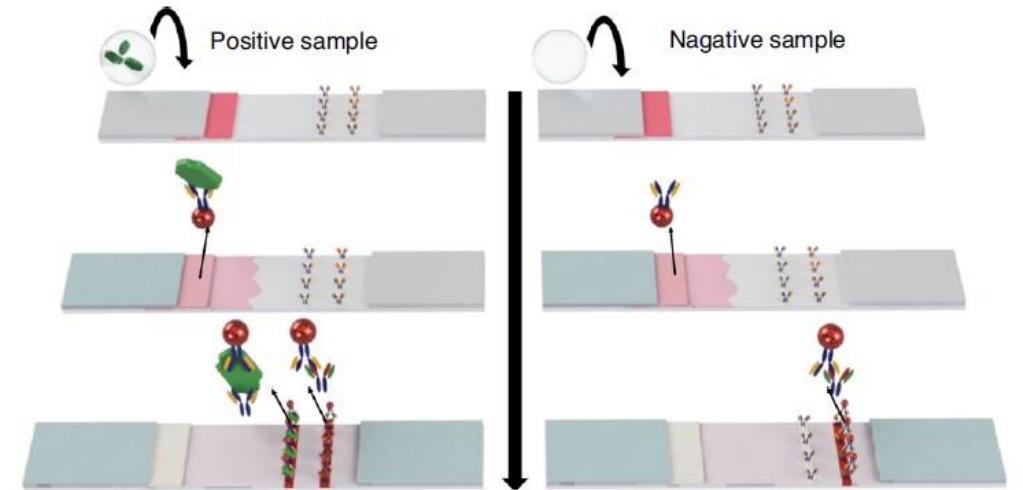


Cardiovascular Disease Biosensing



Lateral flow assay (LFA)

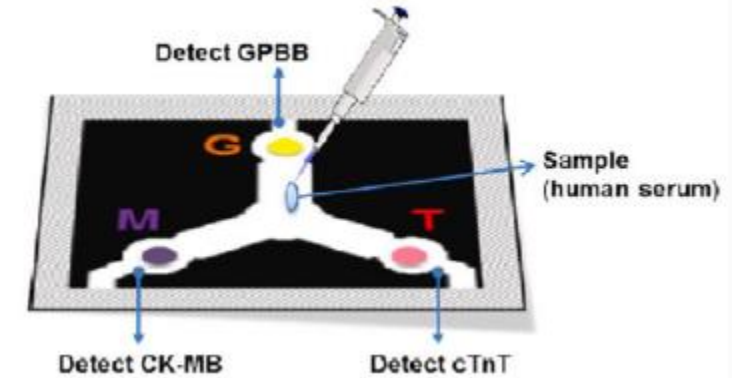
- ❑ Disadvantage: Limited space on lateral flow strips, a high number of required samples, reduced measurement sensitivity





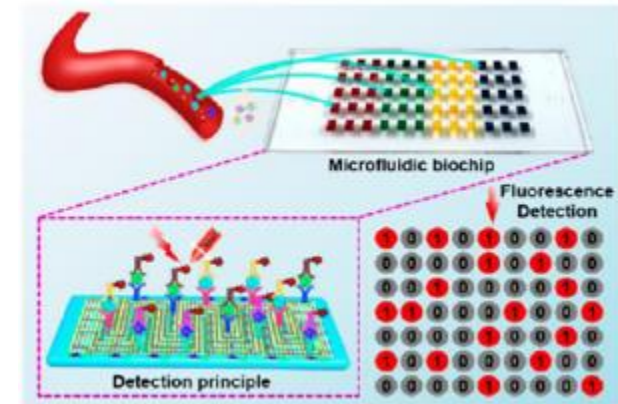
Microfluidic paper-based device (μ PAD)

- Advantage: large sample size testing



Biochip array

- Advantage: more suitable for large-scale clinical needs, large sample size testing,

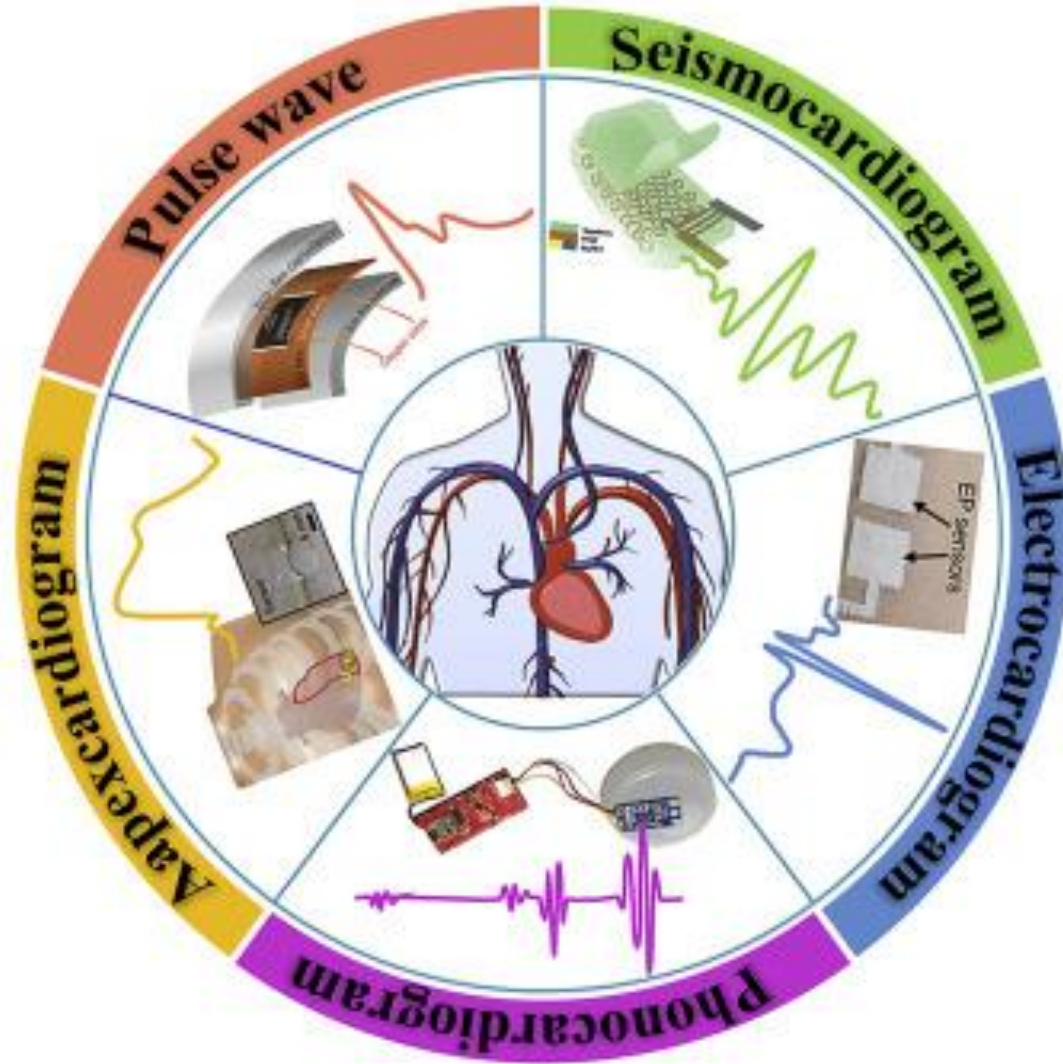


Implantable Cardiac Sensing Devices (CIED)

- ❑ sensing mechanism: mechanical and electrical and optical
- ❑ CIED can directly capture physiological parameters, convert them to electrical signals, and wirelessly transmit the data for display and processing.
- ❑ Advantages: particularly suitable for long-term postsurgical care; real-time monitoring
- ❑ disadvantage: risk for infection; invasiveness; limited device lifespan; need for power-harvesting feature



Signal sensor



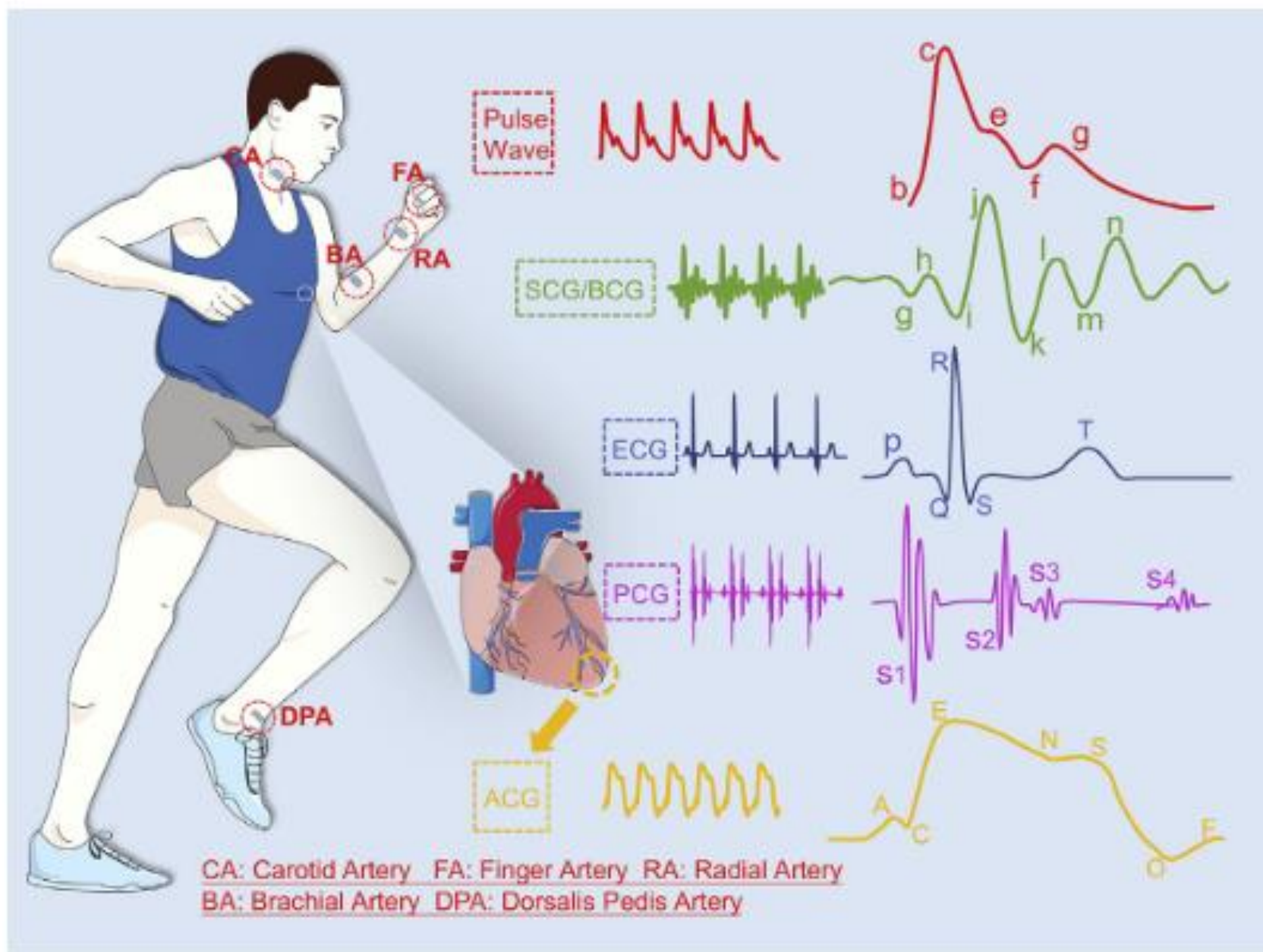


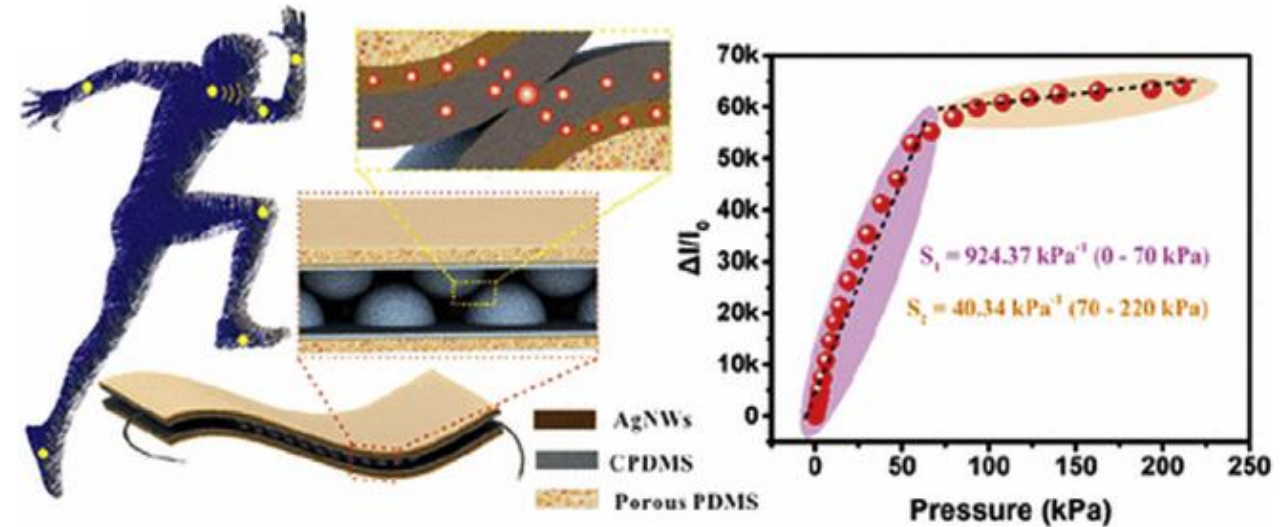
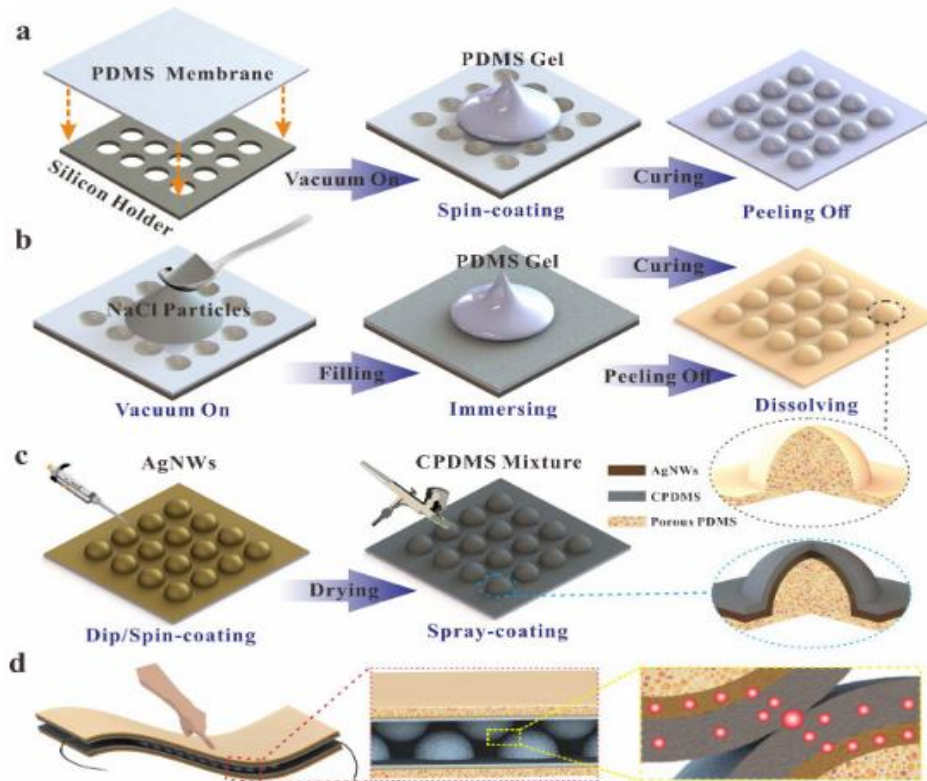
Figure 1. Schematic illustration of multiple physiological signals for the prevention of CVD
 Physiological signals include pulse wave, SCG/BCG, ECG, PCG, and ACG.

Pulse wave monitoring

- Flexible piezoresistive sensor
- Flexible pressure sensor
- Flexible self-powered pressure sensor
- Flexible capacitive pressure sensor

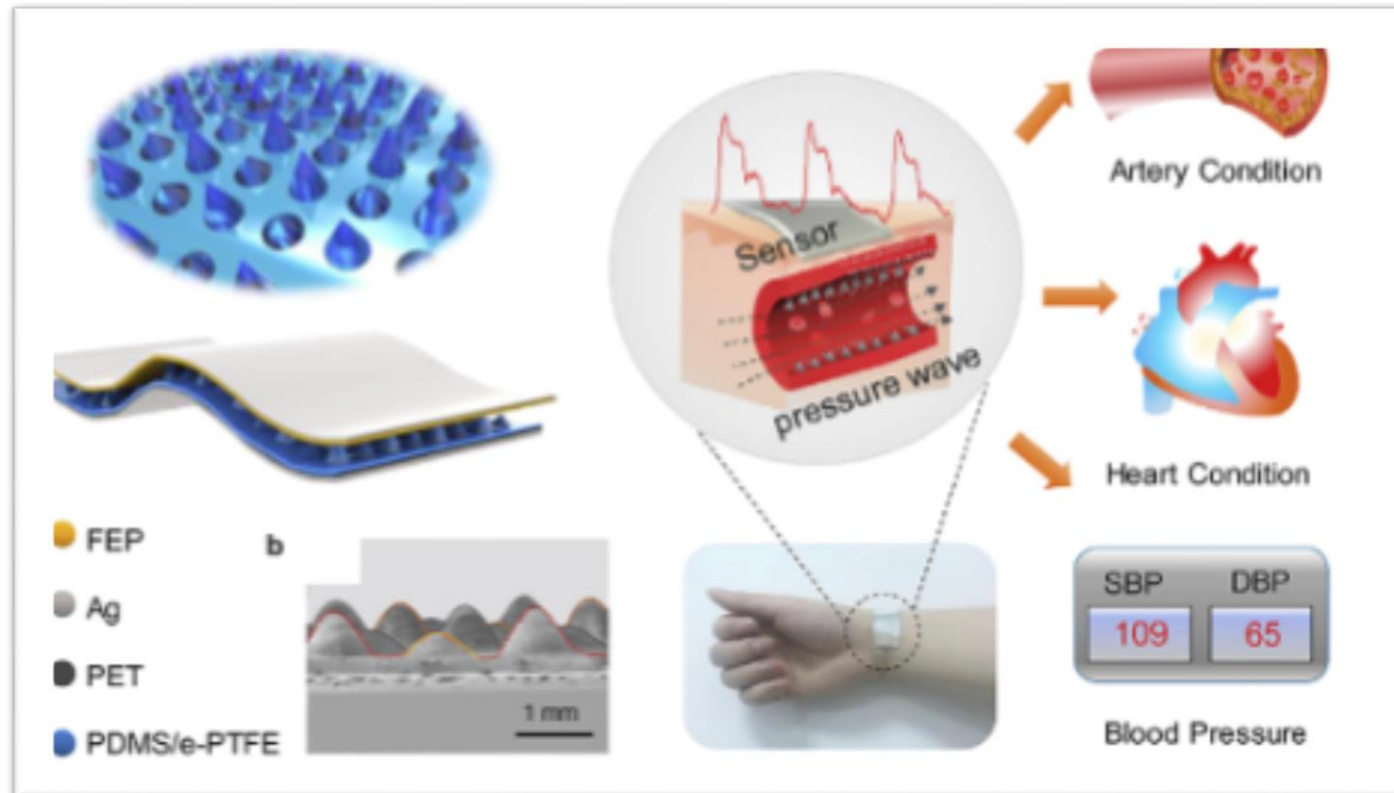
Pulse wave monitoring: piezoresistive sensors

- Flexible piezoresistive sensors are used for pulse wave monitoring
- Ji et al constructed a solid microdome array dual conductive layer sensor using cyclohexane polydimethylsiloxane (CPDMS)/AgNWs.



Pulse wave monitoring: self-powered pressure sensors

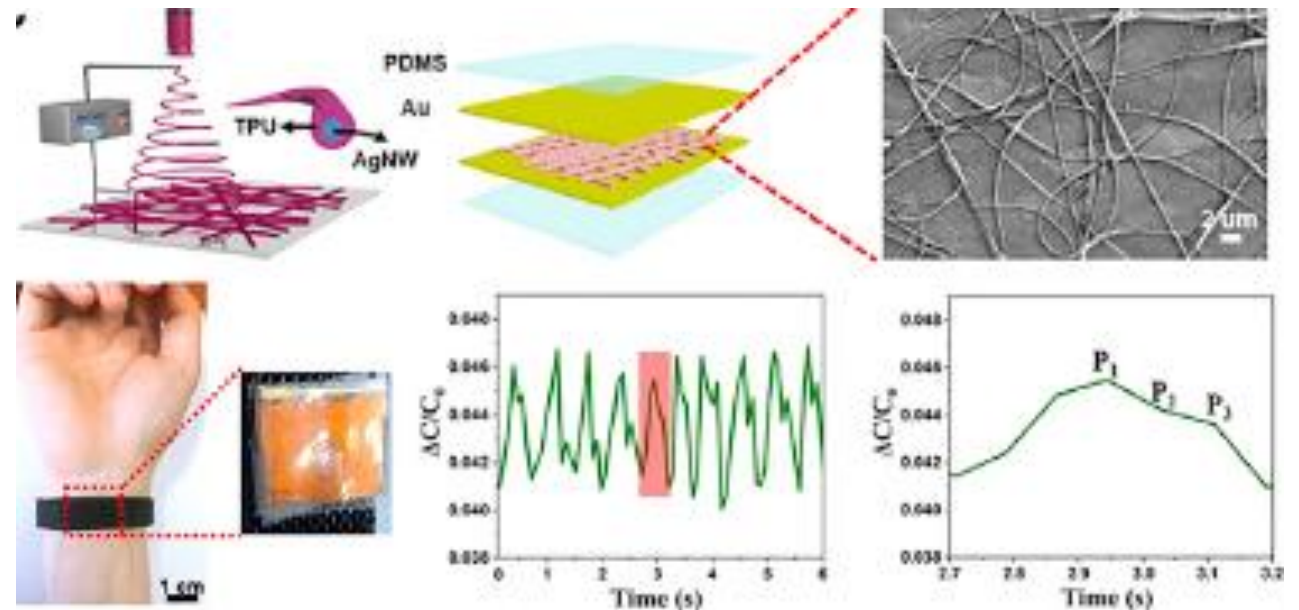
- ❑ Flexible **self-powered pressure**(do not require an external power supply) sensors are used for pulse wave monitoring advantages : direct risk indication; self-monitoring; highly reproducible
Disadvantages: accuracy affected by body movement
- ❑ Chen et al. reported an electrostatic nanogenerator-based self-powered pressure sensor based on hierarchical elastomer microstructures (HEM)



Pulse wave monitoring : capacitive pressure sensors

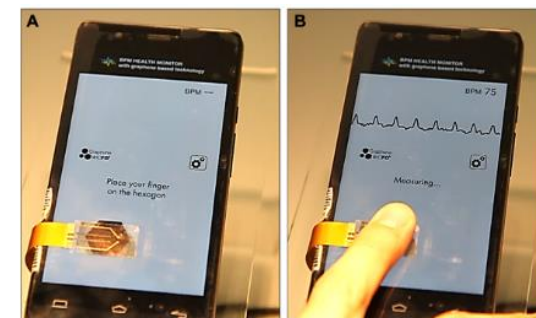
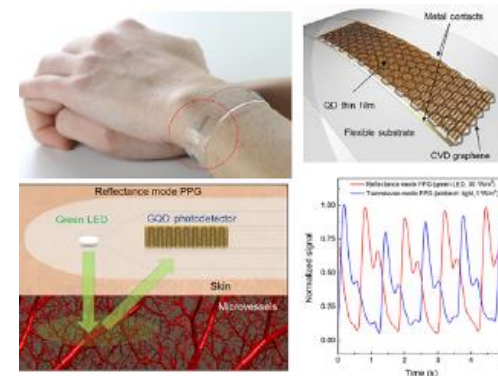
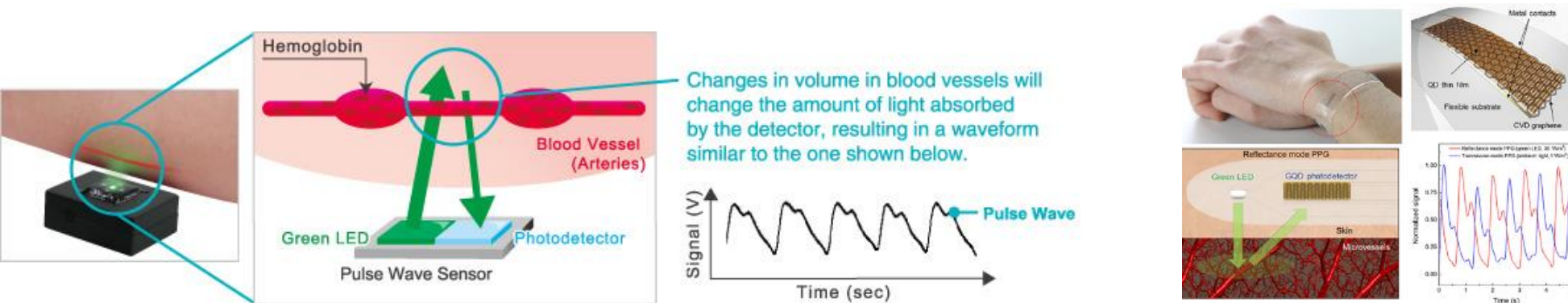
Flexible **capacitive pressure** sensors are used for pulse wave monitoring.

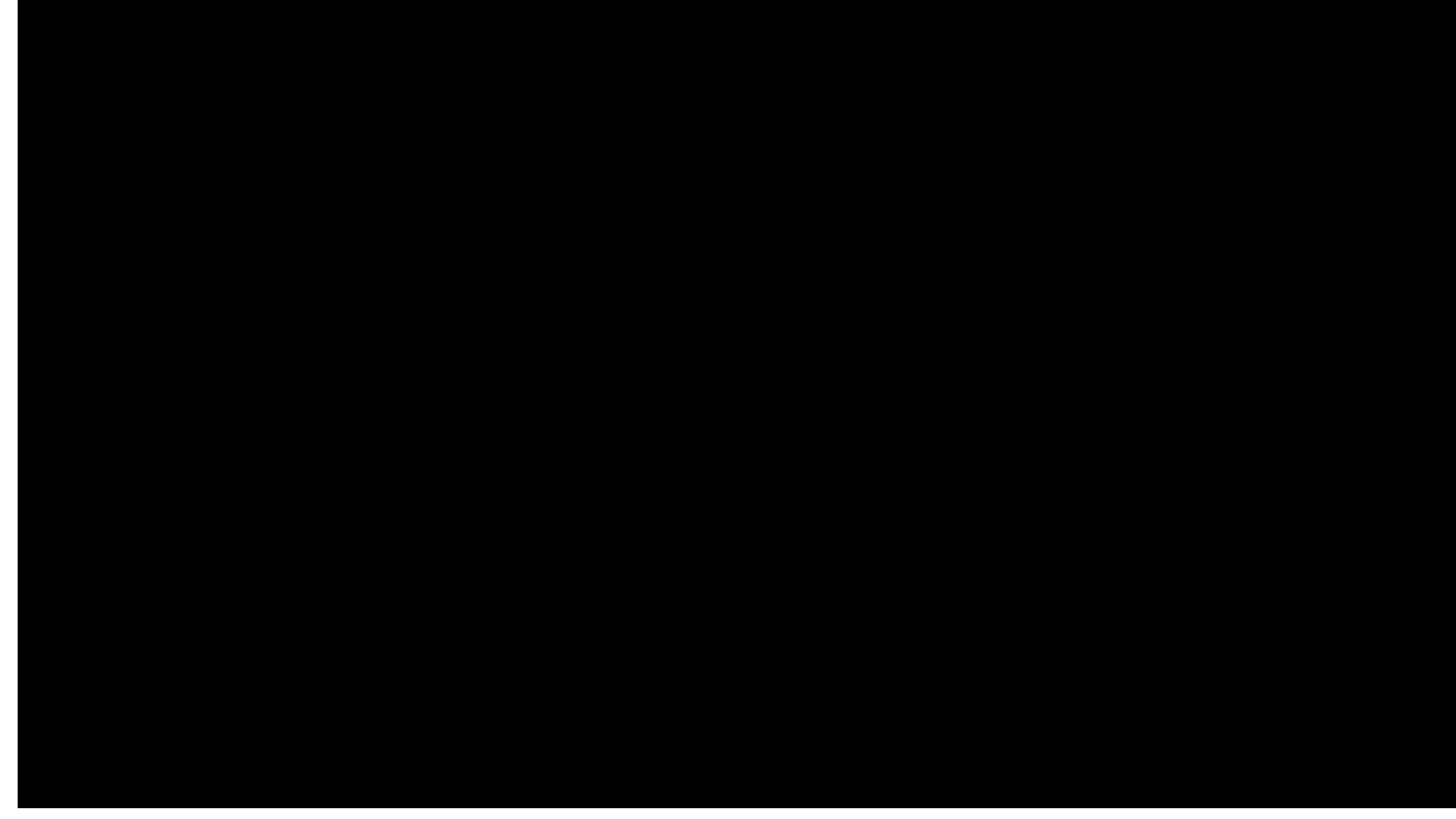
- ❑ The change of capacitance can be used to detect the change of pressure.
- ❑ rapid dynamic response, outstanding temperature insensitivity, low power consumption



Flexible photoplethysmography (PPG)

- ❑ sensing mechanism: optical
- ❑ measures changes in blood volume in the vessels by reflecting from the skin
- ❑ The flexible PPG method mainly starts from two aspects:
 1. integrated chips on a flexible material substrate
 2. flexible organic light-emitting materials and photosensitive materials
- ❑ Advantages: less expensive instrument; easy wearable device integration; no electrical interference
- ❑ disadvantages: need ECG signals as references; less suitable for heart rate variability measurement; long setting time

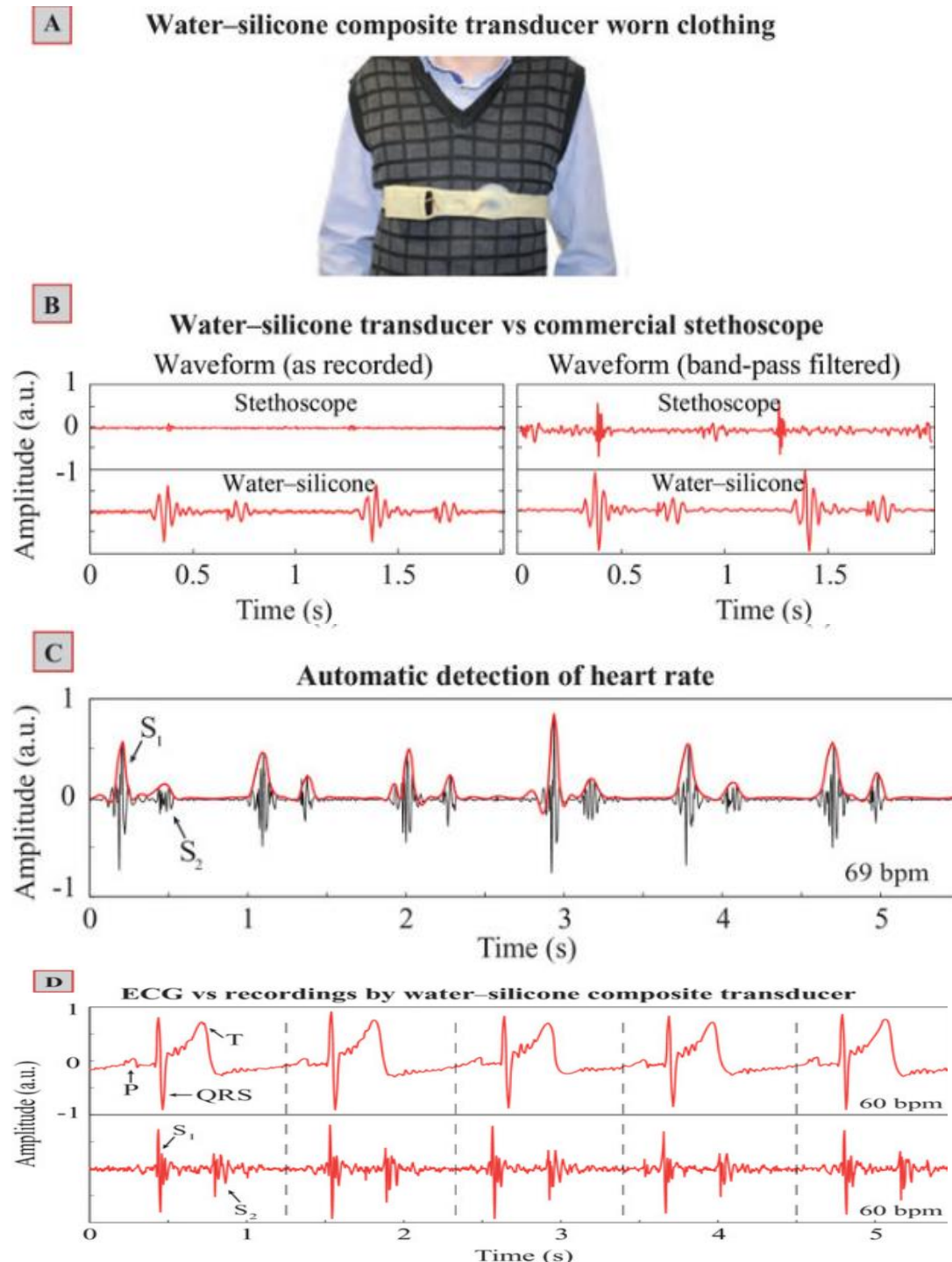




Flexible Phonocardiography (PCG)

- ❑ sensing mechanism: acoustic
- ❑ Cardiac auscultation (Heart sound signals) can provide valuable information about heart valve function and hemodynamics and yield many cardiac conditions such as **arrhythmias, valve disease, and heart failure.**
- ❑ Heart sound sensors are mainly produced from the direction of **miniaturization and flexibility.**
- ❑ Advantages :without the need for direct contact with the skin ,With the stretchable composite transducer, the recordings had a much better signal-to-noise profile, cheap instruments; no electrical interference
- Disadvantages : bulky microphones: accuracy affected by background noises
- ❑ Filter: to remove unwanted signals, e.g., breathing sounds, ambient noise.

Simultaneous recording of ECG (using commercial electrodes attached directly on the skin) and PCG (recorded with the water-silicone composite transducer) signals showing functional agreement.

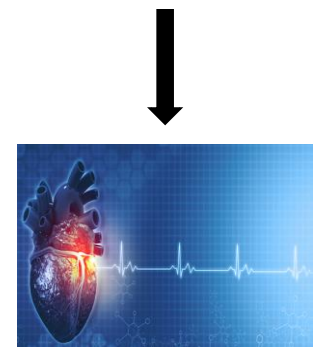
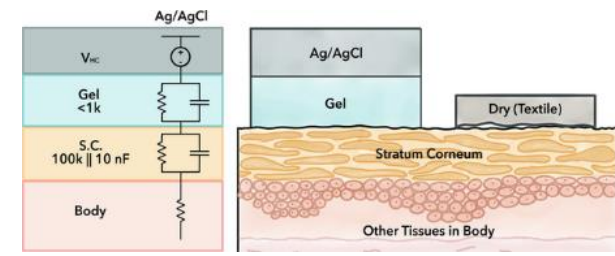


Stretching Test

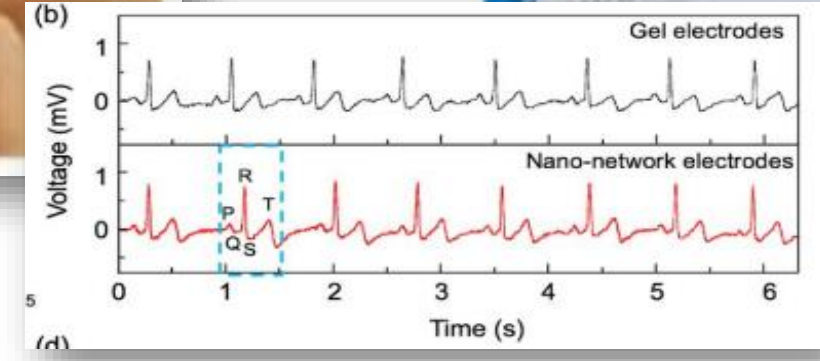
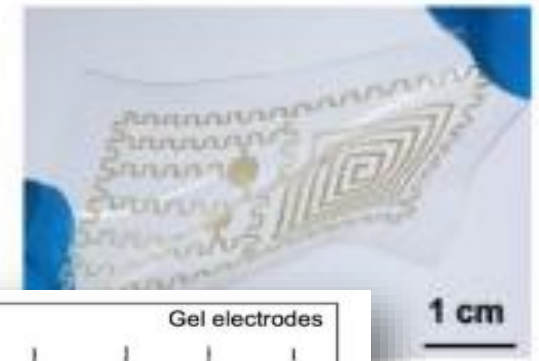
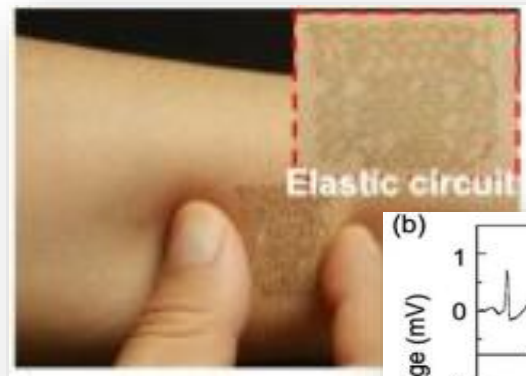
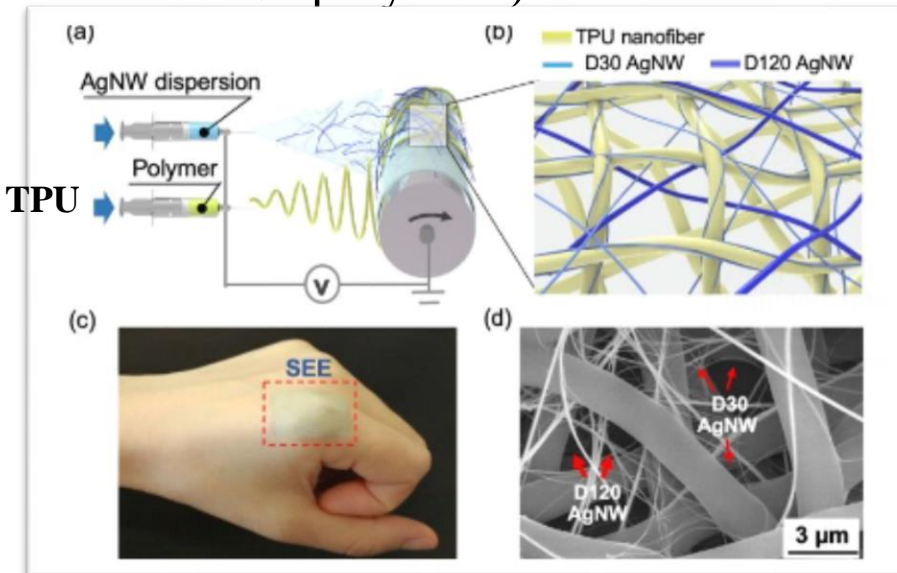


Flexible ECG

- sensing mechanism: electrical
 - ECG signal is a typical electrophysiological (EP) signal that can reflect CVD and is most commonly used in clinical practice.
- Advantages: more accurate and comprehensive information; short setting time
- Disadvantage: need for reliable electrodes attachment; electrical interference; accuracy affected by body movement
- Traditionally: using of **conductive gel** and **an Ag/AgCl electrode**.



- Recently: **flexible dry electrodes** to have a high signal-to-noise ratio, softness, stretchability and intimate contact with the skin (as Ag nanowires, Au, graphene, conductive polymers)



Cardiac biosensors: where are they on the market?

<i>Device</i>	<i>Cardiac marker</i>	<i>Detection limit</i>	<i>Detection method</i>	
<i>Dimension (Siemens, Germany)</i>	<i>Vista Munich, Germany)</i>	cTnI	15 pg mL ⁻¹	Chemiluminescence
<i>TROPT (Heidelberg, Germany)</i>		cTnT	0.64 ng mL ⁻¹	Colorimetry
<i>AQT90 (Radiometer)</i>		cTnI	0.010-50 ng mL ⁻¹ 0,0095 ng mL ⁻¹	Fluorescence benchtop instrument
<i>Elecsys (Roche, Basel, Switzerland)</i>		cTnT	0.005 ng mL ⁻¹	Electrochemiluminescence
<i>ACS:180 (Bayer, Leverkusen, Germany)</i>		cTnI	0.15 ng mL ⁻¹	Chemiluminescence
<i>Cobas h232 (Roche Diagnostics Ltd)</i>		CK-MB	1-40 ng mL ⁻¹	Fluorescence
		Myoglobin	30-700 ng mL ⁻¹	Handheld device
		cTnT	50-2000 pg mL ⁻¹	
		NT-proBNP	60-9000 pg mL ⁻¹	
<i>i-STAT (Abbott Point of Care, Princeton, US)</i>		cTnI	0.02 ng mL ⁻¹	Electrochemical detection (amperometric)
		CK-MB	0.6 ng mL ⁻¹	Handheld device
		BNP	15 pg mL ⁻¹	
<i>Cardiac Reader System (Roche)</i>		CK-MB	1-40 ng mL ⁻¹	Fluorescence
		Myoglobin	30-700 ng mL ⁻¹	Benchtop
		NT-proBNP	0.060-3 ng mL ⁻¹	POC
		cTnT	0.1 -3ng mL ⁻¹	



با تشکر از توجه شما